Night Class Guide
Autumn 2019
Mallow & Charleville

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Night Class Guide

Autumn 2019

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Animal Care

Animal Welfare: QQI Level 5
Mallow College, Monday, 18:30-21:30, from 23 September for 12 Weeks.
€250 (€10 off online, €175 conc.)
This programme module aims to equip the learner with the knowledge, skill and competence to develop an understanding of the process of domestication of animals and the provisions needed to promote physical and mental wellbeing in domestic and captive animals.

Dog Grooming (Advanced): QQI Level 6
Mallow College, Wednesday, 18:30-21:30, from 02 October for 22 Weeks.
€500 (€10 off online, €350 conc.)
The purpose of this award is to equip the learner with the knowledge, skill and competence in principles, practice and techniques applicable to the grooming of various breeds of dogs and the running of a grooming salon.

Dog Grooming: QQI Level 5
Mallow College, Monday or Tuesday, 18:30-21:30, from 30 September for 22 Weeks.
€400 (€10 off online, €280 conc.)
Learn the techniques for grooming different dog breeds. Learn to properly use and handle grooming parlour tools. Understand dog anatomy. And learn to effectively handle dogs on the grooming table.

Arts & Crafts

Crochet: First Steps
Mallow College, Tuesday, 19:00-21:00, from 01 October for 8 Weeks.
€105 (€10 off online, €74 conc.)
This course will get participants used to the basic stitches and how to hold a hook and yarn.

Drawing: QQI Level 5
Mallow College, Monday, 18:30-21:30, from 30 September for 12 Weeks.
€250 (€10 off online, €175 conc.)
This programme module aims to facilitate the learner to acquire and apply drawing processes and techniques relevant to vocational and personal development.

Interior Design
Mallow College, Tuesday, 19:00-21:00, from 01 October for 8 Weeks.
€105 (€10 off online, €74 conc.)
This course will appeal to anyone who wants to reap the rewards of a beautiful home.

Painting for Beginners
Mallow College, Tuesday, 19:00-21:00, from 01 October for 10 Weeks.
Charleville, Tuesday, 19:00-21:00, from 08 October for 10 Weeks.
€135 (€10 off online, €95 conc.)
This programme is suitable for individuals with no previous knowledge of art and who wish to develop their artistic skills through painting in a relaxed and supportive setting.
Painting: Advanced
Mallow College, Wednesday, 19:00-21:00, from 02 October for 10 Weeks.
Charleville, Thursday, 19:00-21:00, from 10 October for 10 Weeks.
€135 (€10 off online, €95 conc.)

This programme is suitable for individuals who wish to further develop their artistic skills and explore the process of creating art on a more intensive level. Learners will receive tuition that is based on their individual artistic goals and abilities. Materials Required: A set of brushes, acrylic paints, a rag, a jar, a small photograph which you would like to paint and a canvas.

Painting: QQI Level 5
Mallow College, Tuesday, 18:30-21:30, from 01 October for 12 Weeks.
€250 (€10 off online, €175 conc.)

This programme module aims to equip the learner with the knowledge, skill and competence in a wide range of painting techniques and media and to foster creativity and self-expression.

Barbering

Barbering for Beginners
Mallow College, Wednesday, 18:30-21:30, from 02 October for 8 Weeks.
€235 (€10 off online, €195 conc.)

This barbering for beginner’s course is arranged for the student to obtain primary skills in barbering procedures leading to cutting and styling men’s hair.

Barbering Techniques (Advanced): QQI Level 5
Mallow College, Monday, 18:30-21:30, from 30 September for 12 Weeks.
€350 (€10 off online, €275 conc.)

This advanced barbering course is arranged for the student to learn advanced cutting and styling techniques in classic and modern men’s hairstyling.

Barbering: Intermediate
Mallow College, Tuesday, 18:30-21:30, from 01 October for 8 Weeks.
€185 (€10 off online, €145 conc.)

Build on your skills in cutting and styling men’s hair.

Beauty

Gel Nails
Mallow College, Tuesday, 19:00-21:00, from 01 October for 10 Weeks.
€235 (€10 off online, €195 conc.)

Are you interested in beautiful nails? You do not need to be artistic to achieve great nail art, a lot of the designs are simple to achieve but look amazing. This course will teach you how to create effortless and eye-catching nail art designs in introducing you to the application of gel nails.
Holistic Massage: ITEC Level 3 Diploma

Mallow College, Monday, 18:30-21:30, from 30 September for 27 Weeks.
€580 (€10 off online, €451 conc.)

The main aim of the ITEC Level 3 Diploma in Holistic Massage is to enable Learners to gain the necessary practical and theoretical skills in order to provide Massage treatments to the general public and to gain employment in the Massage Industry. This qualification is suitable for Learners aged 16 and over and is designed to provide occupational competence at Level 3. It also provides a sound platform into further training at Level 3.

Makeup Techniques

Mallow College, Wednesday, 19:00-21:00, from 02 October for 10 Weeks.
€235 (€10 off online, €195 conc.)

This programme is an in-depth, fun course for individuals who want to learn basic skincare and makeup techniques to suit their individual style. It is also suitable as an introductory programme for those who may like to get into the makeup industry.

Makeup: ITEC Level 2 Certificate

Mallow College, Tuesday, 18:30-21:30, from 01 October for 20 Weeks.
€550 (€10 off online, €460 conc.)

The main aim of the ITEC Level 2 Certificate in Make-up is to enable Learners to gain the necessary practical and theoretical skills in order to provide Make-up treatments to the general public and to gain employment in the Industry. This qualification is suitable for Learners aged 16 and over and is designed to provide occupational competence at Level 2. It also provides a sound platform into further training at Level 3.

Manicure and Pedicure: ITEC Level 2 Certificate

Mallow College, Monday, 18:30-21:30, from 30 September for 20 Weeks.
€460 (€10 off online, €370 conc.)

The main aim of the ITEC Level 2 Certificate in Manicure and Pedicure is to enable Learners to gain the necessary practical and theoretical skills in order to provide Manicure and Pedicure treatments to the general public and to gain employment in the Beauty Therapy Industry. This qualification is suitable for Learners aged 16 and over and is designed to provide occupational competence at Level 2. It also provides a sound platform into further training at Level 3.

Business Professional

Accounting Manual and Computerised: QQI Level 5

Charleville, Tuesday, 18:30-21:30, from 08 October for 12 Weeks.
€250 (€10 off online, €175 conc.)

The purpose of this award is to equip the learner with the knowledge, skill and competence to prepare financial statements for a range of organisations both manually and using integrated accounting software.
Accounting Technician (ATI): Year 1
Mallow College, Monday & Tuesday,
18:30-21:30, from 23 September for 26 Weeks.
€810 (€10 off online, €567 conc.)
This is the first year or a two-year study programme is designed to prepare learners for employment in accounting departments of commercial, industrial or public sector organisations or in the offices of practicing accountants. It provides a valuable qualification in accounting and information skills and membership of Accounting Technician Ireland (ATI), a professional body sponsored by the Institute of Chartered Accountants.

Accounting Technician (ATI): Year 2
Mallow College, Monday & Tuesday,
18:30-21:30, from 23 September for 26 Weeks.
€810 (€10 off online, €567 conc.)
This final year of a two-year study programme is designed to prepare learners for employment in accounting departments of commercial, industrial or public sector organisations or in the offices of practicing accountants. It provides a valuable qualification in accounting and information skills and membership of Accounting Technician Ireland (ATI), a professional body sponsored by the Institute of Chartered Accountants.

Agri-Marketing
Mallow College, Tuesday, 18:30-20:00,
from 01 October for 10 Weeks.
€105 (€10 off online, €74 conc.)
This course is developed in response to industry demand and designed to equip the learner with work ready skills specific to the agri-industry. This course is for those currently working in the agri-industry or an agri related role who wish to improve their marketing skills or for business owners who wish to boost their marketing effectiveness.

Bookkeeping Manual and Computerised: QQI Level 5
Mallow College, Tuesday, 18:30-21:30,
from 01 October for 12 Weeks.
€250 (€10 off online, €175 conc.)
This programme is suitable for individuals with little or no experience of manual bookkeeping and who wish to develop their knowledge and skills to record transactions in a manual and computerised bookkeeping environment, especially within a small business.

Business Administration Skills: QQI Level 5
Mallow College, Wednesday, 18:30-21:30,
from 02 October for 12 Weeks.
Charleville, Thursday, 18:30-21:30, from 10 October for 12 Weeks.
€250 (€10 off online, €175 conc.)
The aim of this award is to equip the learner with the knowledge, skill and competence in the administration requirements of a range of organisations to enable the learner to operate effectively under supervision in a variety of administration contexts.
Certified Public Accountant: Formation 2 (Information Systems)

Mallow College, Monday & Wednesday, 18:30-21:30, from 02 October for 13 Weeks.
€350 (€10 off online, €245 conc.)

The Institute of Certified Public Accountants in Ireland (CPA Ireland) is one of the main Irish accountancy bodies with 5,000 members and students. The CPA designation is the most commonly used designation worldwide for professional accountants and the Institute’s qualification enjoys wide international recognition. There are 2.8 million qualified accountants worldwide and 1 million of them are CPA accountants. So if you want to work here in Ireland or internationally your CPA qualification is recognised in both.

Certified Public Accountant: Professional 1

Mallow College, Tuesday, 18:30-21:30, from 01 October for 26 Weeks.
€1400 (€10 off online, €980 conc.)

The Institute of Certified Public Accountants in Ireland (CPA Ireland) is one of the main Irish accountancy bodies with 5,000 members and students. The CPA designation is the most commonly used designation worldwide for professional accountants and the Institute’s qualification enjoys wide international recognition. There are 2.8 million qualified accountants worldwide and 1 million of them are CPA accountants. So if you want to work here in Ireland or internationally your CPA qualification is recognised in both.

Computerised Accounts (Sage)

Mallow College, Wednesday, 18:30-21:30, from 02 October for 8 Weeks.
€135 (€10 off online, €98 conc.)

Using Sage 50 accounts software and Microsoft Excel spreadsheets, learn to input, edit and analyse your business, club or society, financial data. Suitable for self employed wishing to complete their accounts using Sage Software, office workers wanting to upskill, club and society board members, students planning on doing second year IAS module in September, accountants wanting to change from manual to computerised accounts for their clients.

Conflict Management: QQI Level 6

Mallow College, Monday, 18:30-21:30, from 30 September for 12 Weeks.
Charleville, Thursday, 18:30-21:30, from 10 October for 12 Weeks.
€290 (€10 off online, €203 conc.)

This module aims to equip the learner with the knowledge, skill and competence required to critically engage with the theory and practice of conflict management in community settings.

Customer Service and Telesales

Mallow College, Tuesday, 18:30-20:00, from 01 October for 10 Weeks.
€105 (€10 off online, €74 conc.)

This course will help the learner gain an understanding of the customer service environment including telesales and to acquire the necessary skills for
working in the industry providing front line customer service in any organisation. This course is for people who wish to gain the necessary customer service & telesales skills to work across a broad range of industry.

Data Protection and the GDPR

Mallow College, Monday, 18:30-20:30, from 23 September for 4 Weeks.
€75 (€10 off online, €53 conc.)

Study the impact of data protection & the GDPR on workplaces, charitable and voluntary organisations. This course has been developed in response to significant changes in data protection legislation since May 2018.

Digital Marketing: QQI Level 5

Mallow College, Tuesday, 18:30-21:30, from 01 October for 10 Weeks.
Charleville, Thursday, 18:30-21:30, from 10 October for 10 Weeks.
€230 (€10 off online, €161 conc.)

This programme module aims to equip the learner with the knowledge, skill and competence to develop and execute digital marketing strategies and activities, under supervision, using a range of e-tools within a range of digital marketing contexts. It would be of interest particularly to those who own a business, who are starting a business, marketing professionals, or anyone managing a corporate website. Digital marketing will enhance your business online presence.

Digital Photography: QQI Level 5

Mallow College, Monday, 18:30-21:30, from 30 September for 12 Weeks.
€250 (€10 off online, €175 conc.)

This programme module aims to facilitate the learner to acquire a comprehensive introduction to the theory and practice of digital photographic production. It will develop practical, critical and creative skills in the production of digital photographic images.

Event Management: QQI Level 6

Mallow College, Monday, 18:30-21:30, from 30 September for 12 Weeks.
€290 (€10 off online, €203 conc.)

The purpose of this award is to equip the learner with the knowledge, skill and competence to plan, organise, supervise, produce and conduct a post-event evaluation of an event such as an exhibition, artistic performance, cultural event, business event, fundraising event, political event, conference or festival.

Everyday Law

Mallow College, Wednesday, 18:30-20:30, from 02 October for 10 Weeks.
€135 (€10 off online, €95 conc.)

Do you want to know the fundamentals of law as it affects ordinary persons and how to find the resources to solve legal problems?
Food Safety and HACCP: QQI Level 5
Mallow College, Wednesday, 18:30-21:30, from 02 October for 12 Weeks.
Charleville, Thursday, 18:30-21:30, from 10 October for 12 Weeks.
€250 (€10 off online, €175 conc.)

The purpose of this course is to introduce learners to the underlying principles of Food Safety and familiarise learners with the principles of HACCP. The course will equip learners with the skills to be able to take a lead role within a workplace setting to put HACCP plans in place.

Human Resource Management: QQI Level 6
Mallow College, Wednesday, 18:30-21:30, from 02 October for 12 Weeks.
Charleville, Thursday, 18:30-21:30, from 10 October for 12 Weeks.
€290 (€10 off online, €203 conc.)

This programme module aims to facilitate the learner in understanding the role of human resources management in a range of organisations.

Journalism
Mallow College, Tuesday, 19:00-21:00, from 01 October for 10 Weeks.
€135 (€10 off online, €95 conc.)

This programme is suitable for individuals who wish to develop essential writing skills in order to work in journalism. It aims to provide learners with the knowledge, skill and ability to produce written copy across a range of writing styles.

Marketing Communications: QQI Level 6
Mallow College, Tuesday, 18:30-21:30, from 01 October for 12 Weeks.
€290 (€10 off online, €203 conc.)

This programme module aims to equip the learner with the knowledge, skill and competence in the principles and practice of marketing communications to enable the learner to analyse, evaluate and critically apply marketing communications techniques.

Payroll Computerised and PAYE Modernisation (Sage and Thesaurus)
Mallow College, Monday, 18:30-21:30, from 30 September for 10 Weeks.
Charleville, Thursday, 18:30-21:30, from 10 October for 10 Weeks.
€230 (€10 off online, €161 conc.)

This programme is suitable for individuals who wish to acquire the knowledge and skills necessary to maintain payroll records manually and on computer in a small to medium sized organisation.

Professional Presentation: QQI Level 6
Mallow College, Wednesday, 18:30-21:30, from 02 October for 12 Weeks.
€290 (€10 off online, €203 conc.)

The purpose of this award is to equip the learner with the knowledge, skill and competence of presentation software and communication skills that can be used in a business and training environment.
Project Management: QQI Level 6
Mallow College, Wednesday, 18:30-21:30, from 02 October for 12 Weeks.
Charleville, Tuesday, 18:30-21:30, from 08 October for 12 Weeks.
€290 (€10 off online, €203 conc.)
This course aims to provide learners with a skill and competency in both the theory and practice of project management methodologies, incorporating the elements of soft and hard skills of project management.

PSA License
Charleville, Tuesday, 18:30-21:30, from 08 October for 12 Weeks.
€250 (€10 off online, €175 conc.)
Door Security Procedures: This programme module aims to equip the learner with the knowledge, skill and competence to work under supervision as a door security personnel performing practical security duties and procedures and responding to security situations in order to maintain a safe and secure environment for patrons, staff and members of the public.

Reception Skills and Frontline Office Skills: QQI Level 5
Mallow College, Monday, 18:30-21:30, from 30 September for 12 Weeks.
Charleville, Tuesday, 18:30-21:30, from 08 October for 12 Weeks.
€250 (€10 off online, €175 conc.)
The aim of this award is to equip the learner with the knowledge, skill and competence required to carry out reception related tasks and operations as a front line representative in a range of organisations.

Safety and Health at Work: QQI Level 5
Mallow College, Tuesday, 18:30-21:30, from 01 October for 10 Weeks.
€230 (€10 off online, €161 conc.)
This programme module aims to equip the learner with the knowledge, skill and competence to promote and maintain safety and health in a work environment.

Start Your Own Business: QQI Level 5
Mallow College, Monday, 18:30-21:30, from 30 September for 12 Weeks.
Charleville, Thursday, 18:30-21:30, from 10 October for 12 Weeks.
€250 (€10 off online, €175 conc.)
The purpose of this award is to equip the learner with the knowledge, skill and competence to compile a business plan to enable the learner to start their own business.

Supervisory Management: QQI Level 6
Mallow College, Monday, 18:30-21:30, from 30 September for 12 Weeks.
Charleville, Tuesday, 18:30-21:30, from 08 October for 12 Weeks.
€290 (€10 off online, €203 conc.)
The purpose of this award is to equip the learner with the relevant knowledge, skill and competence to work in a range of industry sectors independently in a supervisory capacity.
**Taxation: QQI Level 5**
Mallow College, Wednesday, 18:30-21:30, from 02 October for 12 Weeks.
€250 (€10 off online, €175 conc.)

The aim of this programme module is to provide the learner with knowledge and skills of Irish Taxation so that they are able to operate and complete a wide range of Tax systems and procedures.

**Team Leadership: QQI Level 6**
Mallow College, Tuesday, 18:30-21:30, from 01 October for 12 Weeks.
€290 (€10 off online, €203 conc.)

The purpose of this award is to equip the learner with the relevant knowledge, skill and competence to work as an effective leader and member of a team, independently and or in a supervisory capacity.

**Train the Trainer, Training and Development: QQI Level 6**
Mallow College, Tuesday, 18:30-21:30, from 01 October for 22 Weeks.
Charleville, Thursday, 18:30-21:30, from 10 October for 22 Weeks.
€500 (€10 off online, €350 conc.)

The overall aim of this course is to provide the learner with the opportunity to acquire the knowledge, skill and competence to identify training and development needs and to deliver and evaluate a training intervention within a range of training and development contexts.

**Word Processing (Microsoft Word): Microsoft Office Specialist**
Mallow College, Tuesday, 18:30-21:30, from 01 October for 10 Weeks.
€230 (€10 off online, €161 conc.)

Word 2016: Core Document Creation, Collaboration, and Communication.

**Word Processing (Microsoft Word): QQI Level 5**
Charleville, Tuesday, 18:30-21:30, from 08 October for 12 Weeks.
€250 (€10 off online, €175 conc.)

This programme module aims to equip the learner with the knowledge, skills and competence to use a word processing application to produce documents in a variety of contexts to a mailable and publishable standard whilst working autonomously and under general direction using Microsoft Word.

**Childcare Professional**

**5M2009 Early Childhood Care and Education: QQI Level 5 Certificate**
Mallow or Charleville centres at dates and times specified for each individual module chosen.

This course provides the successful learner with a nationally accredited award in the theory and practice of early childhood education and care. The learner will gain knowledge, skills
and the competence to work independently and under supervision in a range of early childhood care and education settings.

**Mandatory (All 6 need to be completed)**

- 5N0690 Communications
- 5N1356 Work Experience
- 5N1764 Child Development
- 5N1765 Child Health and Well Being
- 5N1770 Early Care and Education Practice
- 5N1773 Early Childhood Education and Play

**Electives (2 need to be completed)**

- 5N1358 Word Processing
- 5N1769 Creative Arts for Early Childhood
- 5N1786 Special Needs Assisting
- 5N1794 Safety & Health at Work

**6M2007 Early Childhood Care and Education: QQI Level 6 Advanced Certificate**

Mallow or Charleville centres at dates and times specified for each individual module chosen.

This Advanced Certificate in Early Childhood Care & Education is skills based programme designed for those who are in a supervisory role in an Early Years setting. It builds on and expands the QQI Level 5 Certificate in Childcare to provide the learner with a comprehensive understanding of childcare and education in Ireland today.

**Mandatory (All 5 need to be completed)**

- 6N1942 Child Development
- 6N1944 Early Childhood Curriculum
- 6N1945 Childhood Social Legal and Health Studies
- 6N1946 Work Experience
- 6N1950 Communications

**Electives (3 need to be completed)**

- 6N1932 Early Learning Philosophy
- 6N1933 Early Learning Environment
- 6N1957 Special Needs Assisting
- 6N1972 Creative Studies for Special Needs
- 6N1973 Supervision in Early Childhood Care

**After School Support: QQI Level 5**

Mallow College, Tuesday, 18:30-21:30, from 01 October for 12 Weeks.

Charleville, Tuesday, 18:30-21:30, from 08 October for 12 Weeks.

€250 (€10 off online, €175 conc.)

This programme module aims to provide the learner with knowledge of the importance of after school support services, the relevant legislation impacting those working in an after school setting and to give the learner the skills to be able to work with children and young people, of diverse backgrounds, in an after school setting.

**Child Development (Advanced): QQI Level 6**

Mallow College, Monday, 18:30-21:30, from 30 September for 12 Weeks.

€290 (€10 off online, €203 conc.)

This module is designed to provide the learner with knowledge and understanding of child development from 0-12 years and the skills required to implement and promote the use of observations in the early childhood education and care setting. This module aims to promote good practice,
equality and respect for diversity in early childhood education and care.

**Child Development: QQI Level 5**

Mallow College, Monday, 18:30-21:30, from 30 September for 10 Weeks.

€230 (€10 off online, €161 conc.)

The purpose of this award is to equip the learner with the knowledge, skill and competence relevant to the theory and practice of child development and learning within early childhood care and education settings.

**Creative Arts for Early Childhood: QQI Level 5**

Mallow College, Monday, 18:30-21:30, from 30 September for 10 Weeks.

€230 (€10 off online, €161 conc.)

The purpose of the award is to equip the learner with the knowledge, skill and competence in facilitating a child's learning, development and well-being through the provision of creative opportunities; to enable the learner to devise experiences, activities, interaction and materials with regard to the age and stage of development of the child utilising varied media, art and craft, drama, music and any other creative endeavours.

**Early Care and Education Practice QQI Level 5**

Mallow College, Wednesday, 18:30-21:30, from 02 October for 10 Weeks.

€230 (€10 off online, €161 conc.)

This programme module aims to equip the learner with the knowledge, skill and competence in Early Childhood Care and Education practice to enable the learner to work under direction with children, their families and colleagues within early childhood care and education setting (ECCE).

**Psychology: QQI Level 5**

Mallow College, Wednesday, 18:30-21:30, from 02 October for 12 Weeks.

€250 (€10 off online, €175 conc.)

The purpose of this award is to equip the learner with the knowledge, skill and competence to link an introductory understanding of psychological perspectives with practical therapeutic applications and the development of psychology as a discipline.

**Special Needs Assisting (Advanced): QQI Level 6**

Mallow College, Wednesday, 18:30-21:30, from 02 October for 12 Weeks.

Charleville, Thursday, 18:30-21:30, from 10 October for 12 Weeks.

€290 (€10 off online, €203 conc.)

The purpose of this award is to equip the learner with the knowledge, skill and competence in the theory and practice underpinning the education and care of those who present with special educational needs to enable the learner to assist in the provision of this education and care.

**Special Needs Assisting: QQI Level 5**

Mallow College, Tuesday, 18:30-21:30, from 01 October for 10 Weeks.

Charleville, Thursday, 18:30-21:30, from 10 October for 10 Weeks.

€230 (€10 off online, €161 conc.)

The purpose of this course is to equip the learner with the knowledge, skill and competence in the practices and principles underpinning the role of a
Special Needs Assistant to enable the learner to work effectively under direction in a special needs capacity.

**Therapeutic Play Skills: QQI Level 6**

Mallow College, Tuesday, 18:30-21:30, from 01 October for 12 Weeks.

Charleville, Tuesday, 18:30-21:30, from 08 October for 12 Weeks.

€290 (€10 off online, €203 conc.)

The purpose of this course is to equip the learner with the knowledge, skill and competence to use play as a therapeutic medium in a range of early years and special needs settings to facilitate young people, focusing on children's specific needs in relation to holistic development.

**Work Experience and Communications: QQI Level 5**

Mallow College, Monday, 18:30-21:30, from 30 September for 12 Weeks.

€250 (€10 off online, €175 conc.)

This course contains two modules. Work Experience aims to provide a learner with the personal knowledge, skills and capacity to participate in a suitable work placement under supervision for a limited time. Communications aims to facilitate the learner to acquire communication skills relevant to vocational and personal development.

**Work Experience and Communications: QQI Level 6**

Mallow College, Wednesday, 18:30-21:30, from 02 October for 12 Weeks.

€290 (€10 off online, €203 conc.)

This course contains two modules. The purpose of Work Experience is to equip the learner with the relevant knowledge, skill and competence to participate in the workplace for a limited time, carrying out work-related tasks autonomously and/or in a supervisory capacity. The purpose of Communications is to equip the learner with the relevant knowledge, skill and competence to communicate verbally and non-verbally in a comprehensive range of everyday tasks and in work-related tasks independently and/or in a supervisory capacity.

**Computing**

**Computers for Beginners: ECDL**

Mallow College, Monday, 18:30-20:30, from 30 September for 10 Weeks.

€194 (€10 off online, €136 conc.)

Overcome the fear factor associated with technology. Suitable for individuals of all ages with limited or no previous experience of computers. At the end of this programme you will have the confidence and knowledge to complete everyday online tasks such as booking holidays and public transport, using email, online shopping, keeping up with current affairs online, and many more practical tasks.
Desktop Publishing: QQI Level 5
Mallow College, Wednesday, 18:30-21:30, from 02 October for 12 Weeks.
Charleville, Tuesday, 18:30-21:30, from 08 October for 12 Weeks.
€250 (€10 off online, €175 conc.)

The purpose of this award is to equip the learner with the knowledge, skill and competence to produce a range of documents containing text and graphic images from design briefing to printing, using a Desktop Publishing (DTP) system.

ECDL Certification
Mallow College, Tuesday, 18:30-20:30, from 01 October for 20 Weeks.
€464 (€10 off online, €325 conc.)

ECDL (the European Computer Driving Licence) Certification proves you have the skills to work to a recognised standard. ECDL equips you with practical computer and Internet skills. No certification equips more organisations for the opportunities of the digital economy than ECDL.

Moodle for Teachers
Mallow College, Monday, 18:30-20:30, from 16 September for 2 Weeks.
€0 (€10 off online, €0 conc.)

This course is suitable for anyone in training and teaching practice or studies. The course is a free blended-learning course delivered online with tutor support and two face-to-face workshops to get you started with Moodle and to practice your skills in creating classes online, uploading materials, setting assignments, and giving feedback and grading.

Spreadsheets (Excel): Microsoft Office Specialist
Mallow College, Monday, 18:30-21:30, from 30 September for 12 Weeks.
€250 (€10 off online, €175 conc.)

Excel 2016: Core Data Analysis, Manipulation, and Presentation. Successful candidates for the Microsoft Office Specialist Excel 2016 certification exam have a fundamental understanding of the Excel environment and the ability to complete tasks independently. They know and demonstrate the correct application of the principle features of Excel 2016. Candidates create and edit a workbook with multiple sheets, and they use a graphic element to represent data visually. Workbook examples include professional-looking budgets, financial statements, team performance charts, sales invoices, and data-entry logs.

Web Development: Online in 10 Weeks
Mallow College, Wednesday, 19:00-21:00, from 02 October for 10 Weeks.
€135 (€10 off online, €95 conc.)

This course is ideal for small to medium-sized businesses and professionals who need to create and effectively manage their own website and a constantly updated online presence. In 10 weeks of workshops the course will guide you through setting up a website name and email address, hosting your new website, working with WordPress to create your own website, using Google Analytics to track your viewers, create relationships with mailing lists, sell products online with WooCommerce, and maintain an integrated social media presence.
Healthcare Professional

5M2009 Early Childhood Care and Education: QQI Level 5 Certificate

Mallow or Charleville centres at dates and times specified for each individual module chosen.

Successful completion of this course provides a recognised qualification necessary for working as a health care assistant in a variety of settings, including hospitals, day and residential care and the home. The course equips the carer with the knowledge and skills necessary to work in this rewarding role as a member of the care team. It is suitable for those wishing to embark on a career in caring and those already working in the sector who wish to gain a recognised qualification.

Mandatory (All 5 need to completed)

- 5N0690 Communications
- 5N0758 Care Support
- 5N1356 Work Experience
- 5N1794 Safety and Health at Work
- 5N2770 Care Skills

Electives (3 need to completed)

- 5N1358 Word Processing
- 5N1652 Intellectual Disabilities
- 5N2706 Care of the Older Person
- 5N3734 Infection Prevention and Control
- 5N3769 Palliative Care

Anatomy and Physiology: QQI Level 5

Mallow College, Wednesday, 18:30-21:30, from 02 October for 12 Weeks.

€250 (€10 off online, €175 conc.)

The aim of this award is to equip the learner with the knowledge, skill and competence in the administration requirements of a range of organisations to enable the learner to operate effectively under supervision in a variety of administration contexts.

Care Skills: QQI Level 5

Mallow College, Wednesday, 18:30-21:30, from 02 October for 12 Weeks.

€250 (€10 off online, €175 conc.)

This programme module aims to equip the learner with the skills, knowledge and competence to care for clients in a safe and hygienic environment.

Care Support: QQI Level 5

Mallow College, Wednesday, 18:30-21:30, from 02 October for 10 Weeks.

€230 (€10 off online, €161 conc.)

This programme module aims to provide a learner with the personal knowledge, skills and competence to work effectively in a care setting. It aims to promote good practice and respect for diversity in lifestyle, religion and culture in care work.

Infection Prevention and Control: QQI Level 5

Charleville, Tuesday, 18:30-21:30, from 08 October for 10 Weeks.

€230 (€10 off online, €161 conc.)

The purpose of this award is to equip the learner with the knowledge, skill
and competence to prevent and control infection within the health services area.

**Intellectual Disabilities: QQI Level 5**

Mallow College, Monday, 18:30-21:30, from 30 September for 10 Weeks.
Charleville, Thursday, 18:30-21:30, from 10 October for 10 Weeks.
€230 (€10 off online, €161 conc.)

This programme module aims to equip the learner with the knowledge, skills and competence in the causes, range and effects of intellectual disabilities and develop awareness of social models of support and role of various professionals in responding to the needs of persons of intellectual disability.

**Medical Terminology: QQI Level 5**

Mallow College, Tuesday, 18:30-21:30, from 01 October for 12 Weeks.
€250 (€10 off online, €175 conc.)

The aim of this award is to equip the learner with the knowledge, skill and competence in the range of medical terminology applicable and relevant specifically to a medical receptionist or secretarial role in a medical practice, clinic and or hospital context.

**Nutrition: QQI Level 5**

Mallow College, Monday, 18:30-21:30, from 30 September for 12 Weeks.
€250 (€10 off online, €175 conc.)

This programme module aims to equip the learner with the knowledge, skill and competence to understand the nutritional composition of food and the effects of food and nutrition on an individual’s health and personal well-being.

**Palliative Care Support: QQI Level 5**

Mallow College, Tuesday, 18:30-21:30, from 01 October for 10 Weeks.
Charleville, Thursday, 18:30-21:30, from 10 October for 10 Weeks.
€230 (€10 off online, €161 conc.)

The purpose of this award is to equip the learner with the knowledge, skills and competence to enable them to care for and address the needs of a person and their family after the diagnosis of a life-limiting illness, in a dignified, inclusive and holistic manner.

**Hobby & DIY**

**Creative Writing 1**

Mallow College, Monday, 19:00-21:00, from 30 September for 10 Weeks.
€135 (€10 off online, €95 conc.)

This ten-week course will give participants the tools they need to tell the story or stories they have been longing to tell. To do so effectively, participants will need to keep seven balls in the air at all times: Plot, Structure, Style, Characterization, Setting, Dialogue and Tension/Pace. Each week, classes will focus on one of these elements, so that participants will have a good grasp of how to use them to the advantage of their work.
Creative Writing 2
Mallow College, Tuesday, 19:00-21:00, from 01 October for 10 Weeks.
€135 (€10 off online, €95 conc.)
This course is aimed at writers who wish to work under guidance on specific projects or pieces in order to hone their craft and bring out their very best writing. It is not necessary, but advisable, to take Creative Writing part 1 first or to have some experience of writing.

Organic Vegetable Gardening for Beginners
Mallow College, Monday, 19:00-21:00, from 30 September for 10 Weeks.
€135 (€10 off online, €95 conc.)
This course is ideally suited to new gardeners who want to “grow their own” in 2019 and beyond. Learn all you need to know for a beautiful and successful organic vegetable garden.

Woodwork for Beginners
Charleville, Tuesday, 19:00-21:00, from 08 October for 10 Weeks.
€175 (€10 off online, €123 conc.)
This course is ideal for a woodwork enthusiast who is looking to learn the basic skills. The course will entail making a specific project such as a table or chair which will be completed over the 10-week period.

Woodwork for Intermediates
Charleville, Thursday, 19:00-21:00, from 10 October for 10 Weeks.
€175 (€10 off online, €123 conc.)
This course caters for students who have completed a beginners course or those with some background in woodwork.

Languages

Conversational French
Mallow College, Monday, 19:00-21:00, from 30 September for 10 Weeks.
€135 (€10 off online, €95 conc.)
This programme is suitable for individuals wishing to develop conversational skills to speak French.

Conversational Irish
Mallow College, Tuesday, 19:00-21:00, from 01 October for 10 Weeks.
€135 (€10 off online, €95 conc.)
This programme is suitable for individuals wishing to develop conversational skills to speak Gaeilge.

English as a Foreign Language: Level A2-B1
Mallow College, Tuesday, 19:00-21:00, from 01 October for 10 Weeks.
€135 (€10 off online, €95 conc.)
This course is for students who are new to English, or for those who would like to review their basic grammar.
English as a Foreign Language: Level B2
Mallow College, Wednesday, 19:00-21:00, from 02 October for 10 Weeks.
€135 (€10 off online, €95 conc.)
This course is suitable for students who wish to improve their skills in English grammar, vocabulary and pronunciation through practical exercises in speaking, listening, reading and writing.

Italian Essentials for Travelling: Step 1
Mallow College, Monday, 18:30-20:30, from 30 September for 8 Weeks.
€105 (€10 off online, €74 conc.)
This programme is suitable for individuals wishing to develop conversational skills in basic Italian.

Sign Language for Beginners
Mallow College, Monday, 18:30-20:30, from 30 September for 10 Weeks.
€135 (€10 off online, €95 conc.)
This programme is suitable for individuals who wish to develop skills in Irish Sign Language for effective communication with deaf and hard of hearing relatives, employees and customers in a variety of situations.

Spanish Essentials For Travelling: Step 1
Mallow College, Tuesday, 18:30-20:30, from 01 October for 8 Weeks.
€105 (€10 off online, €74 conc.)
Learn to speak basic conversational Spanish with confidence in different situations like meeting people, eating out, travelling, sightseeing, shopping and much more.

Social Studies

Criminology: QQI Level 5
Mallow College, Tuesday, 18:30-21:30, from 01 October for 12 Weeks.
€250 (€10 off online, €175 conc.)
The purpose of this award is to equip the learner with the knowledge, skill and competence to analyse the characteristics, effects and consequences of criminal activities.

Social Studies: QQI Level 5
Mallow College, Monday, 18:30-21:30, from 30 September for 12 Weeks.
€250 (€10 off online, €175 conc.)
This programme module aims to introduce learners to the area of sociology and social studies and to develop their understanding and awareness of social issues in their own lives and society in general.

Understanding Mental Health: QQI Level 5
Mallow College, Monday, 18:30-21:30, from 30 September for 12 Weeks.
€250 (€10 off online, €175 conc.)
The purpose of this award is to equip the learner with the knowledge, skill and competence to work effectively in a mental healthcare setting promoting understanding and good practice in providing services to individuals living with the challenges of mental health.
Sports

Exercise and Fitness: QQI Level 5
Charleville, Thursday, 18:30-21:30, from 10 October for 14 Weeks.
€300 (€10 off online, €210 conc.)
This programme module aims to equip the learner with the knowledge and instructional skills to assist an exercise instructor in the delivery of a safe and effective exercise programme or class.

Gaelic Football Coaching (Advanced): QQI Level 6
Mallow College, Monday, 18:30-21:30, from 07 October for 12 Weeks.
€290 (€10 off online, €203 conc.)
This programme module aims to equip the learner with the knowledge, skill and competence in technical, tactical, and team play aspects of the game of Gaelic Football to enable the learner to coach Gaelic Football to children, youths and adults.

Gaelic Football Coaching: QQI Level 5
Mallow College, Monday, 18:30-21:30, from 07 October for 12 Weeks.
Charleville, Thursday, 18:30-21:30, from 10 October for 10 Weeks.
€230 (€10 off online, €161 conc.)
This programme module aims to equip the learner with the knowledge, skill and competence in technical, tactical, and team play aspects of the game of Gaelic Football to enable the learner to assist in coaching Gaelic Football to children, youths and adults.

Hurling Coaching (Advanced): QQI Level 6
Mallow College, Monday, 18:30-21:30, from 07 October for 12 Weeks.
€290 (€10 off online, €203 conc.)
This programme module aims to equip the learner with the knowledge, skill and competence in technical, tactical, and team play aspects of the game of Hurling to enable the learner to coach Hurling to children, youths and adults.

Hurling Coaching: QQI Level 5
Mallow College, Monday, 18:30-21:30, from 07 October for 10 Weeks.
Charleville, Tuesday, 18:30-21:30, from 08 October for 10 Weeks.
€230 (€10 off online, €161 conc.)
This programme module aims to equip the learner with the knowledge, skill and competence in technical, tactical, and team play aspects of the game of Hurling to enable the learner to assist in coaching Hurling to children, youths and adults.

Sport and Recreation Studies: QQI Level 5
Charleville, Tuesday, 18:30-21:30, from 08 October for 14 Weeks.
€300 (€10 off online, €210 conc.)
This programme module aims to equip the learner with the knowledge, skill and competence in the theory and practice underpinning sport and recreation activities to enable the learner to work under supervision in a variety of sport, recreation and exercise contexts.
Sports Massage Therapy: ITEC Level 3 Diploma
Mallow College, Tuesday, 18:30-21:30, from 01 October for 27 Weeks.
€580 (€10 off online, €451 conc.)

The main aim of the ITEC Level 3 Diploma in Sports Massage Therapy is to enable Learners to gain the necessary practical and theoretical skills in order to provide Sports Massage Therapy treatments to the general public and to gain employment in the Sports Industry. This qualification is suitable for Learners aged 16 and over and is designed to provide occupational competence at Level 3. It also provides a sound platform into further training at Level 3 and 4.

Sports Massage Therapy: ITEC Level 4 Certificate
Mallow College, Wednesday, 18:30-21:30, from 02 October for 27 Weeks.
€600 (€10 off online, €471 conc.)

The main aim of the ITEC Level 4 Certificate in Sports Massage Therapy is to enable Learners to gain the necessary practical and theoretical skills in order to provide Sports Massage Therapy treatments to the general public and to gain employment in the Sports Industry. This qualification is suitable for Learners aged 16 and over and is designed to provide occupational competence at Level 4. It also provides a sound platform into further training at Level 5.

Wellbeing

Chakras: An Introduction
Mallow College, Wednesday, 19:00-21:00, from 02 October for 8 Weeks.
€105 (€10 off online, €74 conc.)

Chakras, crystals and healing techniques to balance and energise the body, mind and spirit. Chakras are energy centres which supply life force energy to the body. Chakras become unbalanced due to the stresses of everyday life and will throw the whole body out of balance, which can eventually lead to a disease in the body. The Chakra system is complex and involves all systems; physical, emotional, mental, spiritual and karmic. Crystals enhance the healing energy and balance the body by placing a Crystal on each Chakra, or energy centre, music is played while healing is used to realign and bring the Chakras into balance.

Emotional Health and Wellbeing
Mallow College, Monday, 20:00-21:30, from 30 September for 6 Weeks.
€75 (€10 off online, €53 conc.)

We’re living chaotic lives today. We’re dealing with the strains of work, or the strains of unemployment; we’re dealing with financial worries; the stresses and pains of relationships and loneliness; the expectations of family and community; and the growing pressure to be nearly perfect in the new world of Facebook and Instagram where everyone else seems to living a non-stop fashionable beautiful easy dream life. And our emotional health is getting lost in the struggle.
Enneagram: An Introduction

Mallow College, Tuesday, 18:30-20:00, from 01 October for 8 Weeks.
€95 (€10 off online, €67 conc.)

The Enneagram and personality, is a system of exploring and developing your personality. The Enneagram heightens self-awareness as well as giving insight and understanding, of those in your family, those you live with, work with and developing relationships with. It is a tool for life, that is invaluable.

Healing Angel Expert Workshop

Mallow College, Monday, 19:00-21:00, from 30 September for 8 Weeks.
€95 (€10 off online, €67 conc.)

Working with the angels means that you step back and allow the angels to work through you, in a pure divine way.

Meditation: On a Very Different Level

Mallow College, Tuesday, 19:00-21:00, from 01 October for 8 Weeks.
€105 (€10 off online, €74 conc.)

This course is brought to you to release deep rooted emotional stress in your everyday life. The techniques & methods you will be taught to you are practical but also you will be given menus for the mind and recipes’ to help move you on in a deeper level.

Mindful Living

Mallow College, Monday, 18:15-19:45, from 30 September for 6 Weeks.
€75 (€10 off online, €53 conc.)

This programme will show learners how to use mindful living to reduce stress in their own lives, improve confidence and even make it easier to get out of bed in the morning!

Pilates for Beginners

Charleville, Thursday, 17:30-18:30, from 10 October for 10 Weeks.
€85 (€10 off online, €60 conc.)

Learn the basic principles of Pilates and begin to discover about how Pilates can improve your posture and core strength.

Reflexology: QQI Level 5

Mallow College, Tuesday, 18:30-21:30, from 01 October for 14 Weeks.
€300 (€10 off online, €210 conc.)

The purpose of this award is to equip the learner with the knowledge, skill and competence to provide reflexology treatments for the purposes of relaxation and the relief of stress in order to encourage general health and wellbeing, under appropriate supervision.

Sedona Method

Mallow College, Tuesday, 18:30-20:00, from 01 October for 6 Weeks.
€75 (€10 off online, €53 conc.)

The Sedona Method is a unique, simple, powerful, easy-to-learn and duplicate technique that shows you how to uncover your natural ability to let go of any painful or unwanted feeling in the moment. What makes the Sedona
Method a powerful tool (that really works!) is that it is a process you can use anytime, anyplace, to improve any area of your life.

Tai Chi for Beginners
Mallow College, Monday, 18:30-19:30, from 30 September for 10 Weeks.
Charleville, Thursday, 18:30-19:30, from 10 October for 10 Weeks.
€85 (€10 off online, €60 conc.)
This course is suitable for individuals who are new to Tai Chi wish to “Relax, Recharge and Rejuvenate”.

Tai Chi: The Next Step
Mallow College, Monday, 20:00-21:00, from 30 September for 10 Weeks.
Charleville, Thursday, 20:00-21:00, from 10 October for 10 Weeks.
€85 (€10 off online, €60 conc.)
This course is suitable for individuals who have completed the beginner’s class or are familiar with Tai Chi.

Yoga for Beginners
Charleville, Tuesday, 17:30-18:30, from 08 October for 10 Weeks.
€85 (€10 off online, €60 conc.)
The introduction to yoga course is recommended for students of all ages and fitness levels. This comprehensive course is designed to introduce participants to the basic principles and practices of yoga. This provides the beginner with a solid foundation for a safe and suitable yoga practice.
Where to find more information?

We’re always available online at NightSchool.ie - where you’ll find contact forms for our online helpdesk and ways to sign up to our email newsletter which will keep you informed of upcoming events and new courses.

We’re also on Facebook. Search for NightSchool.ie to keep in touch for all the latest news and events and to find us on Messenger chat when we’re online. fb.com/nightschool.ie

For help with anything: email us at helpdesk@nightschool.ie or give us a call during office hours at 022-43030. We’re here to help.

Ways to sign up and pay?

Head to our website: NightSchool.ie

You’ll find a sign-up button on the menu or with every available course. Website prices include an automatic €10 online payment discount for all courses.

For Social Welfare, OAP, and Mallow College day student or recent graduate discounts you can also register your details and choose the Pay at Office option. Proof of status is required (there is an option to attach or email any documentation as a scan/photo, or you can just drop it by the office later).

Discounts available:

When you sign up and pay online you receive an automatic €10 discount.

Or, when you pay at Mallow College office, you can apply your 30% Social Welfare discount on certified courses, or 30% Old Age Pension discount, or 40% discount for Mallow College day school students or recent graduates. Proof of status is required.

Call to Mallow College office:

You can also sign-up and pay with Mallow College NightSchool.ie office.

Card payments can be processed over the phone 022-43030 or at the office.

Cash payments at the office in Mallow College only:

West End, Annabella, Mallow, Co. Cork, P51 P732.

Check for the latest office times at fb.com/book/NightSchool.ie and optionally schedule an appointment.

Email us anytime at helpdesk@nightschool.ie
Full details online at NightSchool.ie

Fully accredited Level 5 & Level 6 QQI modules and full awards; Level 8 Degrees with IPA; ATI and CPA accounting; ITEC beauty therapy; and ECDL and Microsoft Office Specialist certifications. Enhance your CV, LinkedIn, and skills portfolio with Digital Badges for all courses.

€10 off when you sign up online; 30% off for Social Welfare (certified courses) / OAP recipients; 40% off for Mallow College day students and recent graduates.

Free parking on campus, just 30 mins by road from Cork City, and on major bus and rail routes.

Full range of courses, prices, and details at NightSchool.ie.

Online support & technology enhanced learning: Google Classroom & Moodle.

Free office.com online software for Microsoft Office students.

Mallow College
West End, Mallow, Co. Cork
P51 P732

Charleville Centre for FET
(formerly Mannix College)
New Line, Charleville, Co. Cork
P56 E372

Information Nights:
9th, 10th, 11th September
19:00-20:00 Mallow College

Courses Starting:
Charleville: 8th & 10th Oct.