



# Night Schoolie

Evening Classes @ Mallow College

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# Barbering & Beauty

Monday



[Barbering for Beginners](#)

€265 Online, €196  
Welfare/OAP, €168 Day  
Student. Mon 11 Feb. 12  
Weeks.

Tuesday



[Gel Nails](#)

€195 Online, €147  
Welfare/OAP, €126 Day  
Student. Tue 12 Feb. 8  
Weeks.

Wednesday



[Barbering QQI Level 5  
\(Advanced Barbering\)](#)

€315 Online, €231  
Welfare/OAP, €198 Day  
Student. Wed 13 Feb. 12  
Weeks.



[Body Massage and  
Figure Analysis QQI  
Level 5](#)

€285 Online, €210  
Welfare/OAP, €180 Day  
Student. Wed 13 Feb. 14  
Weeks.



[Makeup Techniques](#)

€235 Online, €175  
Welfare/OAP, €150 Day  
Student. Wed 13 Feb. 10  
Weeks.

## Barbering for Beginners



This barbering for beginner's course is arranged for the student to obtain primary skills in barbering procedures leading to cutting and styling men's hair. The course is suitable for students with no previous experience in barbering or hairdressing. Also suitable for students with a background in ladies hairdressing wishing to update their skills to include classic and modern barbering techniques. This course is carried out through a combination of easy to follow classes together with comprehensive practical demonstrations. The maximum student numbers are capped at 12.

Link:

<https://nightschool.ie/spring-2019-barbering-beginners>

Night: Monday

Times: 18:30 to 21:30

Duration: 12 Weeks

Starting: Monday, 11 February 2019

Cost: €280.00 (€15 off online), €196.00 for Social Welfare and Old Age Pension recipients, €168.00 for Mallow College day students.

Cost of materials and equipment are included.

## Barbering QQI Level 5 (Advanced Barbering)



This advanced barbering course is arranged for the student to learn advance cutting and styling techniques in classic and modern men's hairstyling. The course is suitable for students who have some basic knowledge in barbering and want to progress further in advanced barbering techniques. The aim of this course is to equip the learner with the knowledge, skill and competence to use barbering techniques within the hairdressing and barbering industry, operating independently while under general supervision. This course is carried out through a combination of easy to follow classes together with comprehensive practical demonstrations. The maximum student numbers are capped at 12.

Link: <https://nightschool.ie/spring-2019-barbering>

Night: Wednesday

Times: 18:30 to 21:30

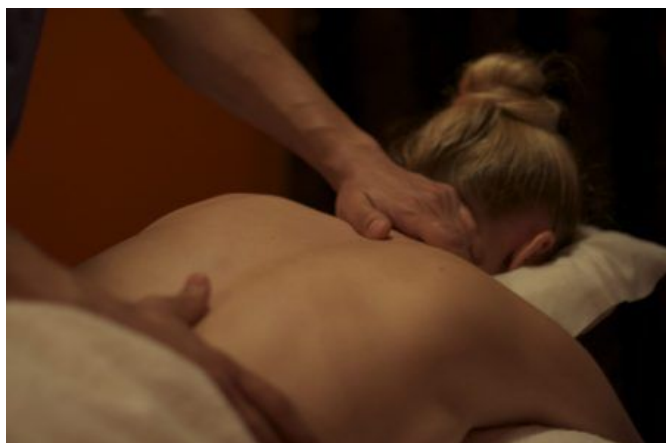
Duration: 12 Weeks

Starting: Wednesday, 13 February 2019

Cost: €330.00 (€15 off online), €231.00 for Social Welfare and Old Age Pension recipients, €198.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee. Cost of materials and equipment are included.

## Body Massage and Figure Analysis QQI Level 5



The purpose of this award is to equip the learner with the knowledge, skill and competence to work autonomously and independently in carrying out figure analysis and body massage treatments.

Link:

<https://nightschool.ie/spring-2019-body-massage>

Night: Wednesday

Times: 18:30 to 21:30

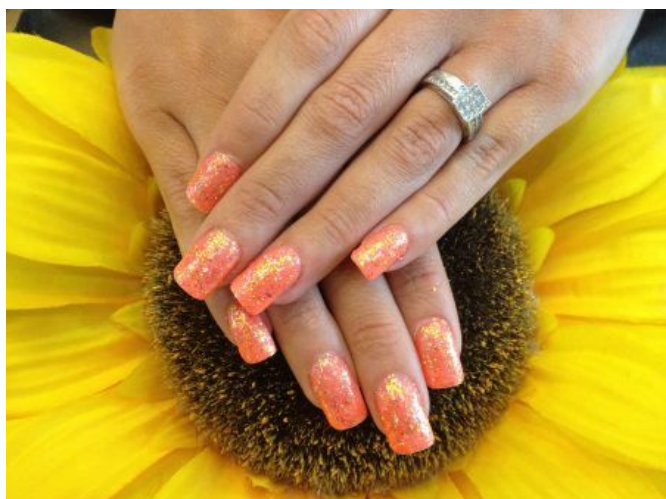
Duration: 14 Weeks

Starting: Wednesday, 13 February 2019

Cost: €300.00 (€15 off online), €210.00 for Social Welfare and Old Age Pension recipients, €180.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Gel Nails



Are you interested in beautiful nails? You do not need to be artistic to achieve great nail art, a lot of the designs are simple to achieve but look amazing.

This course will teach you how to create effortless and eye-catching nail art designs in introduce you to the application of gel nails.

Link: <https://nightschool.ie/spring-2019-gel-nails>

Night: Tuesday

Times: 19:00 to 21:00

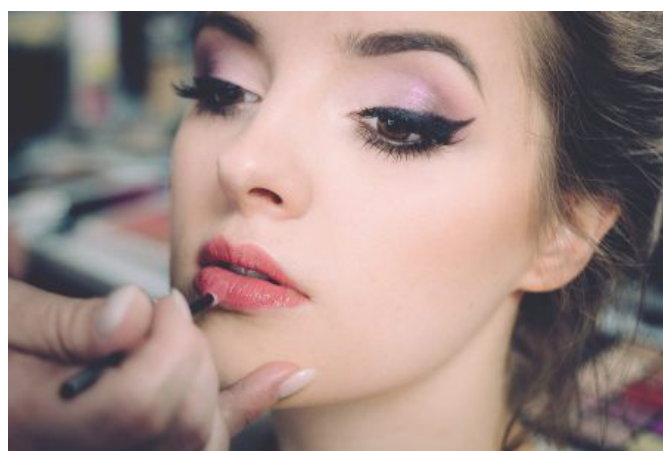
Duration: 8 Weeks

Starting: Tuesday, 12 February 2019

Cost: €110.00 (€15 off online), €147.00 for Social Welfare and Old Age Pension recipients, €126.00 for Mallow College day students.

Cost of materials included in course fee.

## Makeup Techniques



This programme is an in-depth, fun course for individuals who want to learn basic skincare and makeup techniques to suit their individual style. It is also suitable as an introductory programme for those who may like to get into the makeup industry.

Link:

<https://nightschool.ie/spring-2019-makeup-techniques>

Night: Wednesday

Times: 19:00 to 21:00

Duration: 10 Weeks

Starting: Wednesday, 13 February 2019

Cost: €250.00 (€15 off online), €175.00 for Social Welfare and Old Age Pension recipients, €150.00 for Mallow College day students.

Cost of materials included in course fee.



# Business & Professional

Monday



[Computerised Payroll QQI Level 5 with PAYE Modernisation](#)  
 €255 Online, €189  
 Welfare/OAP, €162 Day  
 Student. Mon 28 Jan. 12 Weeks.



[Conflict Management QQI Level 6](#)  
 €285 Online, €210  
 Welfare/OAP, €180 Day  
 Student. Mon 11 Feb. 12 Weeks.



[Digital Marketing QQI Level 5](#)  
 €225 Online, €168  
 Welfare/OAP, €144 Day  
 Student. Mon 11 Feb. 12 Weeks.

Tuesday



[Careers Workshop](#)  
 €75 Online, €63  
 Welfare/OAP, €54 Day  
 Student. Wed 30 Jan. 6 Weeks.



[Digital Photography QQI Level 5](#)  
 €255 Online, €189  
 Welfare/OAP, €162 Day  
 Student. Tue 29 Jan. 12 Weeks.



[Human Resource Management QQI Level 6](#)  
 €285 Online, €210  
 Welfare/OAP, €180 Day  
 Student. Tue 29 Jan. 12 Weeks.

Wednesday



[Computerised Accounts](#)  
 €125 Online, €98  
 Welfare/OAP, €84 Day  
 Student. Wed 13 Feb. 8 Weeks.



[Diploma in Event Management](#)  
 €270 Online, €200  
 Welfare/OAP, €171 Day  
 Student. Wed 30 Jan. 10 Weeks.



[Food Safety and HACCP QQI Level 5](#)  
 €255 Online, €189  
 Welfare/OAP, €162 Day  
 Student. Wed 30 Jan. 12 Weeks.



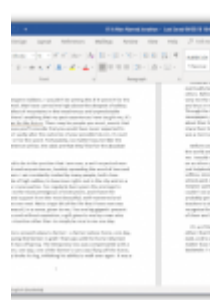
[Reception Skills and Frontline Office Skills QQI Level 5](#)  
 €255 Online, €189  
 Welfare/OAP, €162 Day  
 Student. Mon 28 Jan. 12 Weeks.



[Start Your Own Business QQI Level 5](#)  
 €225 Online, €168  
 Welfare/OAP, €144 Day  
 Student. Mon 11 Feb. 12 Weeks.



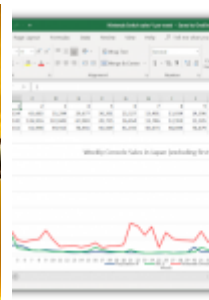
[Supervisory Management QQI Level 6](#)  
 €285 Online, €210  
 Welfare/OAP, €180 Day  
 Student. Mon 28 Jan. 12 Weeks.



[Word Processing QQI Level 5](#)  
 €225 Online, €168  
 Welfare/OAP, €144 Day  
 Student. Mon 11 Feb. 12 Weeks.



[Manual & Computerised Bookkeeping QQI Level 5](#)  
 €255 Online, €189  
 Welfare/OAP, €162 Day  
 Student. Tue 12 Feb. 12 Weeks.



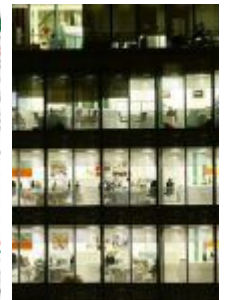
[Spreadsheets QQI Level 5](#)  
 €255 Online, €189  
 Welfare/OAP, €162 Day  
 Student. Tue 29 Jan. 12 Weeks.



[Project Management QQI Level 6](#)  
 €285 Online, €210  
 Welfare/OAP, €180 Day  
 Student. Wed 30 Jan. 12 Weeks.



[Medical Terminology QQI Level 5](#)  
 €255 Online, €189  
 Welfare/OAP, €162 Day  
 Student. Wed 30 Jan. 12 Weeks.



[Office Administration QQI Level 5](#)  
 €255 Online, €189  
 Welfare/OAP, €162 Day  
 Student. Wed 30 Jan. 12 Weeks.



[Project Management QQI Level 6](#)  
 €285 Online, €210  
 Welfare/OAP, €180 Day  
 Student. Wed 30 Jan. 12 Weeks.



[Social Media for Business](#)  
 €105 Online, €84  
 Welfare/OAP, €72 Day  
 Student. Wed 13 Feb. 10 Weeks.

## Careers Workshop



Developing a career plan isn't as hard as it sounds. In fact, it can be broken down into four key steps: Step 1: Knowing who you are. Step 2: Discovering what you want. Step 3: Making decisions. Step 4: Taking action.

Link:

<https://nightschool.ie/spring-2019-careers-workshop>

Night: Tuesday

Times: 19:30 to 21:30

Duration: 6 Weeks

Starting: Wednesday, 30 January 2019

Cost: €90.00 (€15 off online), €63.00 for Social Welfare and Old Age Pension recipients, €54.00 for Mallow College day students.

## Computerised Accounts



This programme aims to equip the learner with the knowledge, skills and competence to input, edit and analyse financial data and to produce reports using a computerised accounts package and spreadsheet application in the accounts department of an organisation.

Link:

<https://nightschool.ie/spring-2019-computerised-accounts>

Night: Wednesday

Times: 18:30 to 21:30

Duration: 8 Weeks

Starting: Wednesday, 13 February 2019

Cost: €140.00 (€15 off online), €98.00 for Social Welfare and Old Age Pension recipients, €84.00 for Mallow College day students.

## Computerised Payroll QQI Level 5 with PAYE Modernisation



This programme is suitable for individuals who wish to acquire the knowledge and skills necessary to maintain payroll records manually and on computer in a small to medium sized organisation.

Link: <https://nightschool.ie/spring-2019-payroll>

Night: Monday

Times: 18:30 to 21:30

Duration: 12 Weeks

Starting: Monday, 28 January 2019

Cost: €270.00 (€15 off online), €189.00 for Social Welfare and Old Age Pension recipients, €162.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Conflict Management QQI Level 6



This module aims to equip the learner with the knowledge, skill and competence required to critically engage with the theory and practice of conflict management in community settings.

Link:

<https://nightschool.ie/spring-2019-conflict-management>

Night: Monday

Times: 18:30 to 21:30

Duration: 12 Weeks

Starting: Monday, 11 February 2019

Cost: €300.00 (€15 off online), €210.00 for Social Welfare and Old Age Pension recipients, €180.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.



## Digital Marketing QQI Level 5



This programme module aims to equip the learner with the knowledge, skill and competence to develop and execute digital marketing strategies and activities, under supervision, using a range of e-tools within a range of digital marketing contexts. It would be of interest particularly to those who own a business, who are starting a business, marketing professionals, or anyone managing a corporate website. Digital marketing will enhance your business online presence.

Link:

<https://nightschool.ie/spring-2019-digital-marketing>

Night: Monday

Times: 18:30 to 21:30

Duration: 12 Weeks

Starting: Monday, 11 February 2019

Cost: €240.00 (€15 off online), €168.00 for Social Welfare and Old Age Pension recipients, €144.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Digital Photography QQI Level 5



This programme module aims to facilitate the learner to acquire a comprehensive introduction to the theory and practice of digital photographic production. It will develop practical, critical and creative skills in the production of digital photographic images.

Link:

<https://nightschool.ie/spring-2019-digital-photography-level-5>

Night: Tuesday

Times: 18:30 to 21:30

Duration: 12 Weeks

Starting: Tuesday, 29 January 2019

Cost: €270.00 (€15 off online), €189.00 for Social Welfare and Old Age Pension recipients, €162.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Diploma in Event Management



Are you a good organiser? Do you enjoy planning? Do you pay attention to the little details that make all the difference? Are you always on the lookout for new ideas? If so then perhaps you should consider a career in event management. Event management is about organising functions large ones and small ones. It's about working with caterers and fashion agents and marquee providers.

Link:

<https://nightschool.ie/spring-2019-event-management>

Night: Wednesday

Times: 18:30 to 21:30

Duration: 10 Weeks

Starting: Wednesday, 30 January 2019

Cost: €285.00 (€15 off online), €199.50 for Social Welfare and Old Age Pension recipients, €171.00 for Mallow College day students.

Exam fees of €85 are included in course fee.

## Food Safety and HACCP QCI Level 5



The purpose of this course is to introduce learners to the underlying principles of Food Safety and familiarise learners with the principles of HACCP. The course will equip learners with the skills to be able to take a lead role within a workplace setting to put HACCP plans in place.

Link:

<https://nightschool.ie/spring-2019-food-safety-and-haccp>

Night: Wednesday

Times: 18:30 to 21:30

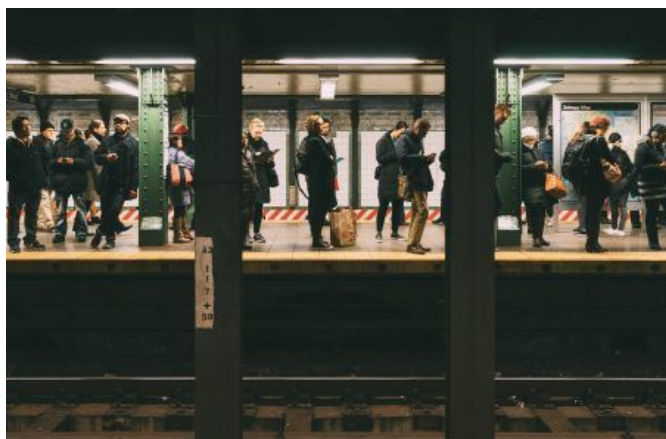
Duration: 12 Weeks

Starting: Wednesday, 30 January 2019

Cost: €270.00 (€15 off online), €189.00 for Social Welfare and Old Age Pension recipients, €162.00 for Mallow College day students.

QCI Certification fee of €20 is included in course fee.

## Human Resource Management QQI Level 6



This programme module aims to facilitate the learner in understanding the role of human resources management in a range of organisations.

Link:

<https://nightschool.ie/spring-2019-human-resource-management>

Night: Tuesday

Times: 18:30 to 21:30

Duration: 12 Weeks

Starting: Tuesday, 29 January 2019

Cost: €300.00 (€15 off online), €210.00 for Social Welfare and Old Age Pension recipients, €180.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Manual & Computerised Bookkeeping QQI Level 5



This programme is suitable for individuals with little or no experience of manual bookkeeping and who wish to develop their knowledge and skills to record

transactions in a manual and computerised bookkeeping environment, especially within a small business.

Link: <https://nightschool.ie/spring-2019-bookkeeping>

Night: Tuesday

Times: 18:30 to 21:30

Duration: 12 Weeks

Starting: Tuesday, 12 February 2019

Cost: €270.00 (€15 off online), €189.00 for Social Welfare and Old Age Pension recipients, €162.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Medical Terminology QQI Level 5



The aim of this award is to equip the learner with the knowledge, skill and competence in the range of medical terminology applicable and relevant specifically to a medical receptionist or secretarial role in a medical practice, clinic and or hospital context.

Link:

<https://nightschool.ie/spring-2019-medical-terminology>

Night: Wednesday

Times: 18:30 to 21:30

Duration: 12 Weeks

Starting: Wednesday, 30 January 2019

Cost: €270.00 (€15 off online), €189.00 for Social Welfare and Old Age Pension recipients, €162.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.



## Office Administration QQI Level 5



The purpose of this course is to equip the learner with the knowledge, skill and competence required to understand how information is processed within organisations and the various systems and methods in use and to enable the learner to operate effectively, under supervision in a range of organisations.

Link:

<https://nightschool.ie/spring-2019-administration>

Night: Wednesday

Times: 18:30 to 21:30

Duration: 12 Weeks

Starting: Wednesday, 30 January 2019

Cost: €270.00 (€15 off online), €189.00 for Social Welfare and Old Age Pension recipients, €162.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Project Management QQI Level 6



This course aims to provide learners with a skill and competency in both the theory and practice of project management methodologies, incorporating



the elements of soft and hard skills of project management.

**Link:**

<https://nightschool.ie/spring-2019-project-management>

**Night:** Wednesday

**Times:** 18:30 to 21:30

**Duration:** 12 Weeks

**Starting:** Wednesday, 30 January 2019

**Cost:** €300.00 (€15 off online), €210.00 for Social Welfare and Old Age Pension recipients, €180.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Reception Skills and Frontline Office Skills QQI Level 5



The aim of this award is to equip the learner with the knowledge, skill and competence required to carry out reception related tasks and operations as a front line representative in a range of organisations.

**Link:** <https://nightschool.ie/spring-2019-reception>

**Night:** Monday

**Times:** 18:30 to 21:30

**Duration:** 12 Weeks

**Starting:** Monday, 28 January 2019

**Cost:** €270.00 (€15 off online), €189.00 for Social Welfare and Old Age Pension recipients, €162.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Social Media for Business



As a business, social media is one of the easiest and most cost-effective ways to reach customers and create awareness around products and services. This course helps to understand the best social media platforms for your business, as well as the most effective type of content to engage users and enhance your company's online presence.

Link:

<https://nightschool.ie/spring-2019-social-media-for-business>

Night: Wednesday

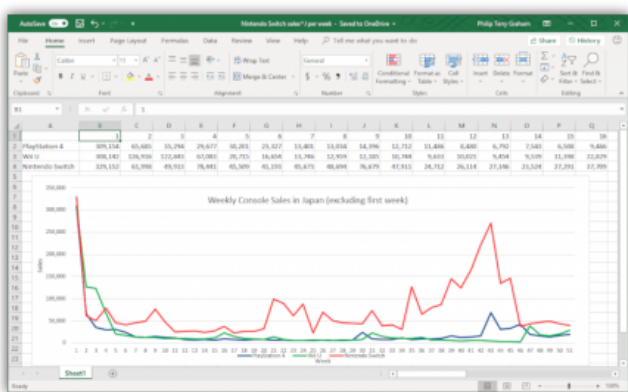
Times: 19:00 to 21:00

Duration: 10 Weeks

Starting: Wednesday, 13 February 2019

Cost: €120.00 (€15 off online), €84.00 for Social Welfare and Old Age Pension recipients, €72.00 for Mallow College day students.

## Spreadsheets QQI Level 5



This programme module aims to equip the learner with the knowledge, skill and competence to create and modify spreadsheets under supervision, using common spreadsheet features. This course aims to equip the learner with the knowledge, skill and competence to create and modify spreadsheets using Microsoft Excel.

Now with free online access to Microsoft Office for [NightSchool.ie](https://nightschool.ie) students from [Office.com](https://office.com).

Link:

<https://nightschool.ie/spring-2019-spreadsheets>

Night: Tuesday

Times: 18:30 to 21:30

Duration: 12 Weeks

Starting: Tuesday, 29 January 2019

Cost: €270.00 (€15 off online), €189.00 for Social Welfare and Old Age Pension recipients, €162.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Start Your Own Business QQI Level 5



The purpose of this award is to equip the learner with the knowledge, skill and competence to compile a business plan to enable the learner to start their own business.

Link:

<https://nightschool.ie/spring-2019-start-your-own-business>

Night: Monday

Times: 18:30 to 21:30

Duration: 12 Weeks

Starting: Monday, 11 February 2019

Cost: €240.00 (€15 off online), €168.00 for Social Welfare and Old Age Pension recipients, €144.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Supervisory Management QQI Level 6



The purpose of this award is to equip the learner with the relevant knowledge, skill and competence to work in a range of industry sectors independently in a supervisory capacity.

Link:

<https://nightschool.ie/spring-2019-supervisory-management>

Night: Monday

Times: 18:30 to 21:30

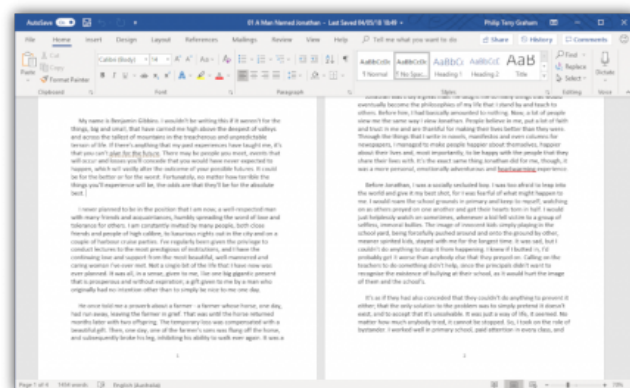
Duration: 12 Weeks

Starting: Monday, 28 January 2019

Cost: €300.00 (€15 off online), €210.00 for Social Welfare and Old Age Pension recipients, €180.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Word Processing QQI Level 5



This programme module aims to equip the learner with the knowledge, skills and competence to use a word processing application to produce documents in a variety of contexts to a mailable and publishable standard whilst working autonomously and under general direction using Microsoft Word.

Now with free online access to Microsoft Office for [NightSchool.ie](https://nightschool.ie) students from [Office.com](https://nightschool.ie).

Link:

<https://nightschool.ie/spring-2019-word-processing>

Night: Monday

Times: 18:30 to 21:30

Duration: 12 Weeks

Starting: Monday, 11 February 2019

Cost: €240.00 (€15 off online), €168.00 for Social Welfare and Old Age Pension recipients, €144.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

# Childcare

Monday



[Child Health and Well Being Level 5](#)

€225 Online, €168  
Welfare/OAP, €144 Day  
Student. Mon 28 Jan. 10  
Weeks.

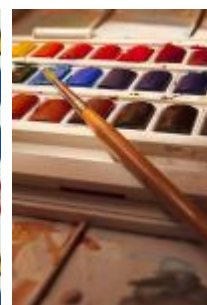
Tuesday



[Safety & Health at Work QQI Level 5](#)

€225 Online, €168  
Welfare/OAP, €144 Day  
Student. Tue 29 Jan. 10  
Weeks.

Wednesday



[Creative Arts for Early Childhood QQI Level 5](#)

€225 Online, €168  
Welfare/OAP, €144 Day  
Student. Wed 30 Jan. 10  
Weeks.



[Childcare 6M2007 QQI Level 6 Certificate in Early Childhood Care & Education Award](#)

€225 Online, €168  
Welfare/OAP, €144 Day  
Student. Tue 29 Jan. 10  
Weeks.



[Special Needs Assisting QQI Level 5](#)

€225 Online, €168  
Welfare/OAP, €144 Day  
Student. Tue 29 Jan. 10  
Weeks.



[Early Childhood Curriculum QQI Level 6](#)

€225 Online, €168  
Welfare/OAP, €144 Day  
Student. Wed 30 Jan. 12  
Weeks.



[Childhood Social Legal & Health Studies QQI Level 6](#)

€225 Online, €168  
Welfare/OAP, €144 Day  
Student. Mon 28 Jan. 12  
Weeks.



[Special Needs Assisting QQI Level 6](#)

€225 Online, €168  
Welfare/OAP, €144 Day  
Student. Tue 12 Feb. 12  
Weeks.



[Early Childhood Education and Play QQI Level 5](#)

€225 Online, €168  
Welfare/OAP, €144 Day  
Student. Wed 30 Jan. 10  
Weeks.



[Early Childhood Core and Education 5M2009 QQI Level 5 Award](#)



[Work Experience & Communications QQI Level 5](#)

€285 Online, €210  
Welfare/OAP, €180 Day  
Student. Wed 30 Jan. 12  
Weeks.



## Childcare 6M2007 QQI Level 6 Certificate in Early Childhood Care & Education Award



This Advanced Certificate in Early Childhood Care & Education is skills based programme designed for those who are in a supervisory role in an Early Years setting. It builds on and expands the QQI Level 5 Certificate in Childcare to provide the learner with a comprehensive understanding of childcare and education in Ireland today. It is made up of 8 components and each carries a value of 15 credits, giving a total of 120 credits for the full award.

Link:

<https://nightschool.ie/spring-2019-childcare-level-6>

Night: Monday

Duration: 2 Years, part-time

Starting: Monday, 28 January 2019

Cost: Contact us for more information.

## Early Childhood Care and Education 5M2009 QQI Level 5 Award



This course provides the successful learner with a nationally accredited award in the theory and practice of early childhood education and care. The learner will gain knowledge, skills and the competence to work independently and under supervision in a range of early childhood care and education settings. It is made up of 8 components and each component carries a value of 15 credits, giving a total of 120 credits for the full award. Three components will be offered each term; 8 components must be completed to achieve a full award. In order to achieve this award, it is essential to undertake 120 hours of work experience. Prior to beginning work experience all learners must have completed Garda vetting through Mallow College.

Link:

<https://nightschool.ie/spring-2019-early-childhood-care-and-education>

Night: Monday

Duration: 2 Years, part-time

Starting: Monday, 28 January 2019

Cost: Contact us for more information.

## Child Health and Well Being Level 5



The purpose of this award is to equip the learner with the knowledge, skill and competence to provide for the health and well-being of children and maintain healthy, hygienic and safe practices and environments in a range of early childhood care and education settings.

Link: <https://nightschool.ie/spring-2019-child-health>

Night: Monday

Times: 18:30 to 21:30

Duration: 10 Weeks

Starting: Monday, 28 January 2019

Cost: €240.00 (€15 off online), €168.00 for Social Welfare and Old Age Pension recipients, €144.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Childhood Social Legal & Health Studies QQI Level 6



The purpose of this award is to equip the learner with the knowledge, skill and competence in the social and legislative environment of early childhood care and education, to enable the learner to devise, implement and evaluate policies and procedures that support the health and wellbeing of children in the provision and delivery of service, when working autonomously in an early childhood care and education setting.

Link:

<https://nightschool.ie/spring-2019-social-legal-health>

Night: Monday

Times: 18:30 to 21:30

Duration: 12 Weeks

Starting: Monday, 28 January 2019

Cost: €240.00 (€15 off online), €168.00 for Social Welfare and Old Age Pension recipients, €144.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Creative Arts for Early Childhood QQI Level 5



This programme module aims to equip the learner with the knowledge, skill and competence to ensure that each child's learning, development and well-being is facilitated through the provision of creative opportunities.

Link: <https://nightschool.ie/spring-2019-creative-arts>

Night: Wednesday

Times: 18:30 to 21:30

Duration: 10 Weeks

Starting: Wednesday, 30 January 2019

Cost: €240.00 (€15 off online), €168.00 for Social Welfare and Old Age Pension recipients, €144.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Early Childhood Curriculum QQI Level 6



The purpose of this award is to equip the learner with the knowledge, skill and competence required

to develop and implement a broad based curriculum in an Early Childhood Care and Education (ECCE) setting.

Link:

<https://nightschool.ie/spring-2019-early-childhood-c-urriculum>

Night: Wednesday

Times: 18:30 to 21:30

Duration: 12 Weeks

Starting: Wednesday, 30 January 2019

Cost: €240.00 (€15 off online), €168.00 for Social Welfare and Old Age Pension recipients, €144.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Early Childhood Education and Play QQI Level 5



The purpose of this award is to equip the learner with the knowledge, skill and competence to ensure that each child's learning, development and well-being is facilitated through the provision of opportunities, experiences, activities, interaction, materials and equipment, having regard to the age and stage of development of the child and the child's cultural context.

Link:

<https://nightschool.ie/spring-2019-education-and-pl-ay>

Night: Wednesday

Times: 18:30 to 21:30

Duration: 10 Weeks

Starting: Wednesday, 30 January 2019

Cost: €240.00 (€15 off online), €168.00 for Social Welfare and Old Age Pension recipients, €144.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.



## Special Needs Assisting QQI Level 5



The purpose of this course is to equip the learner with the knowledge, skill and competence in the practices and principles underpinning the role of a Special Needs Assistant to enable the learner to work effectively under direction in a special needs capacity.

Link:

<https://nightschool.ie/spring-2019-special-needs-assisting>

Night: Tuesday

Times: 18:30 to 21:30

Duration: 10 Weeks

Starting: Tuesday, 29 January 2019

Cost: €240.00 (€15 off online), €168.00 for Social Welfare and Old Age Pension recipients, €144.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Special Needs Assisting QQI Level 6



The purpose of this award is to equip the learner with the knowledge, skill and competence in the theory and practice underpinning the education and care of those who present with special educational needs to enable the learner to assist in the provision of this education and care.

Link:

<https://nightschool.ie/spring-2019-special-needs-assisting-l6>

Night: Tuesday

Times: 18:30 to 21:30

Duration: 12 Weeks

Starting: Tuesday, 12 February 2019

Cost: €240.00 (€15 off online), €168.00 for Social Welfare and Old Age Pension recipients, €144.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.



## Safety & Health at Work QQI Level 5



This programme module aims to equip the learner with the knowledge, skill and competence to promote and maintain safety and health in a work environment.

Link:

<https://nightschool.ie/spring-2019-safety-and-health-at-work>

Night: Tuesday

Times: 18:30 to 21:30

Duration: 10 Weeks

Starting: Tuesday, 29 January 2019

Cost: €240.00 (€15 off online), €168.00 for Social Welfare and Old Age Pension recipients, €144.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Work Experience & Communications QQI Level 5



This course contains two modules. Work Experience aims to provide a Learner with the personal knowledge, skills and capacity to participate in a suitable work placement under supervision for a limited time. Communications aims to facilitate the learner to acquire communication skills relevant to vocational and personal development.

Link:

<https://nightschool.ie/spring-2019-work-experience-and-communications>

Night: Wednesday

Times: 18:30 to 21:30

Duration: 12 Weeks

Starting: Wednesday, 30 January 2019

Cost: €300.00 (€15 off online), €210.00 for Social Welfare and Old Age Pension recipients, €180.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

# General Interest

Monday



## Creative Writing 1

€125 Online, €98  
Welfare/OAP, €84 Day  
Student. Mon 28 Jan. 10  
Weeks.

Tuesday



## Creative Writing 2

€125 Online, €98  
Welfare/OAP, €84 Day  
Student. Tue 29 Jan. 10  
Weeks.

Wednesday



## Advanced Painting

€125 Online, €98  
Welfare/OAP, €84 Day  
Student. Wed 30 Jan. 10  
Weeks.



## First Step in Computers

€125 Online, €98  
Welfare/OAP, €84 Day  
Student. Mon 28 Jan. 10  
Weeks.



## First Steps in Digital Photography

€125 Online, €98  
Welfare/OAP, €84 Day  
Student. Mon 28 Jan. 10  
Weeks.



## DIY - The Basics

€125 Online, €98  
Welfare/OAP, €84 Day  
Student. Mon 28 Jan. 10  
Weeks.



## First Steps in Crochet

€95 Online, €77  
Welfare/OAP, €66 Day  
Student. Tue 29 Jan. 8  
Weeks.



## Jewellery Making for Beginners

€80 Online, €67  
Welfare/OAP, €57 Day  
Student. Wed 13 Feb. 8  
Weeks.



## Dog Grooming QQI Level 5 (Monday)

€385 Online, €280  
Welfare/OAP, €240 Day  
Student. Mon 11 Feb. 20  
Weeks.



## Painting for Beginners

€125 Online, €98  
Welfare/OAP, €84 Day  
Student. Tue 29 Jan. 10  
Weeks.



## Phone Photography

€50 Online, €46  
Welfare/OAP, €39 Day  
Student. Wed 30 Jan. 4  
Weeks.



## Interior Design

€95 Online, €77  
Welfare/OAP, €66 Day  
Student. Mon 28 Jan. 8  
Weeks.



## Everyday Low

€105 Online, €84  
Welfare/OAP, €72 Day  
Student. Mon 11 Feb. 10  
Weeks.



## Woodwork for Intermediates

€185 Online, €140  
Welfare/OAP, €120 Day  
Student. Tue 29 Jan. 10  
Weeks.



## Woodwork for Beginners

€185 Online, €140  
Welfare/OAP, €120 Day  
Student. Wed 30 Jan. 10  
Weeks.



## The Organic Vegetable Garden for Beginners

€125 Online, €98  
Welfare/OAP, €84 Day  
Student. Mon 28 Jan. 10  
Weeks.



## Advanced Painting



This programme is suitable for individuals who wish to further develop their artistic skills and explore the process of creating art on a more intensive level. Learners will receive tuition that is based on their individual artistic goals and abilities. Materials Required: A set of brushes, acrylic paints, a rag, a jar, a small photograph which you would like to paint and a canvas.

Link:

<https://nightschool.ie/spring-2019-advanced-painting>

Night: Wednesday

Times: 19:00 to 21:00

Duration: 10 Weeks

Starting: Wednesday, 30 January 2019

Cost: €140.00 (€15 off online), €98.00 for Social Welfare and Old Age Pension recipients, €84.00 for Mallow College day students.

## Creative Writing 1



This ten-week course will give participants the tools they need to tell the story or stories they have been longing to tell. To do so effectively, participants will need to keep seven balls in the air at all times: Plot, Structure, Style, Characterization, Setting, Dialogue and Tension/Pace. Each week, classes will focus on one of these elements, so that participants will have a good grasp of how to use them to the advantage of their work.

Link:

<https://nightschool.ie/spring-2019-creative-writing>

Night: Monday

Times: 19:15 to 21:15

Duration: 10 Weeks

Starting: Monday, 28 January 2019

Cost: €140.00 (€15 off online), €98.00 for Social Welfare and Old Age Pension recipients, €84.00 for Mallow College day students.

## Creative Writing 2



This course is aimed at writers who wish to work under guidance on specific projects or pieces in order to hone their craft and bring out their very best writing. It is not necessary, but advisable, to

taken Creative Writing part 1 first or to have some experience of writing.

Link:

<https://nightschool.ie/spring-2019-creative-writing-2>

Night: Tuesday

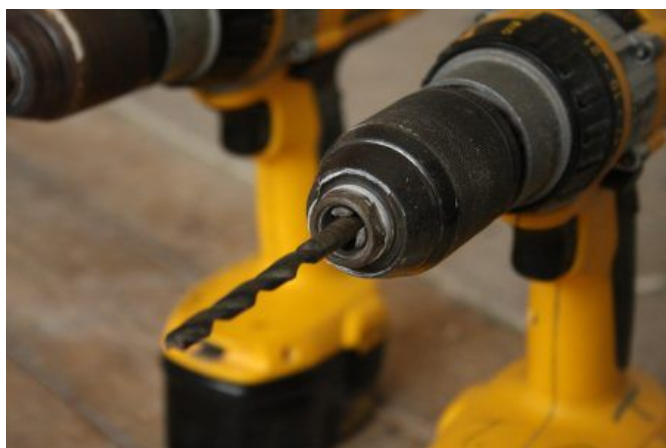
Times: 19:15 to 21:15

Duration: 10 Weeks

Starting: Tuesday, 29 January 2019

Cost: €140.00 (€15 off online), €98.00 for Social Welfare and Old Age Pension recipients, €84.00 for Mallow College day students.

## D.I.Y. - The Basics



This course is ideal for a D.I.Y. enthusiast or for someone that is looking the basic skills

Link: <https://nightschool.ie/spring-2019-diy>

Night: Monday

Times: 19:00 to 21:00

Duration: 10 Weeks

Starting: Monday, 28 January 2019

Cost: €140.00 (€15 off online), €98.00 for Social Welfare and Old Age Pension recipients, €84.00 for Mallow College day students.

## Dog Grooming QQI Level 5 (Monday)



This programme module aims to provide the learner with the knowledge, skills and competence in a variety of grooming methods in various small animals within a grooming facility.

Book our new [Dog Grooming Service](#) online.

Link:

<https://nightschool.ie/spring-2019-dog-grooming-monday>

Night: Monday

Times: 18:30 to 21:30

Duration: 20 Weeks

Starting: Monday, 11 February 2019

Cost: €400.00 (€15 off online), €280.00 for Social Welfare and Old Age Pension recipients, €240.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Everyday Law





Do you want to know the fundamentals of law as it affects ordinary persons and how to find the resources to solve legal problems?

Link: <https://nightschool.ie/spring-2019-law>

Night: Monday

Times: 19:00 to 21:00

Duration: 10 Weeks

Starting: Monday, 11 February 2019

Cost: €120.00 (€15 off online), €84.00 for Social Welfare and Old Age Pension recipients, €72.00 for Mallow College day students.

## First Step in Computers



This 10 week programme is suitable for individuals with no previous knowledge of computers. It is designed to introduce and develop one's knowledge of the Personal Computer. At the end of this programme, you will have knowledge of practical use of the internet, emails and Microsoft Word.

Now with free online access to Microsoft Office for [NightSchool.ie](https://nightschool.ie) students from [Office.com](https://office.com).

Link:

<https://nightschool.ie/spring-2019-computers-first-step>

Night: Monday

Times: 19:00 to 21:00

Duration: 10 Weeks

Starting: Monday, 28 January 2019

Cost: €140.00 (€15 off online), €98.00 for Social Welfare and Old Age Pension recipients, €84.00 for Mallow College day students.

## First Steps in Crochet



This course will get participants used to the basic stitches and how to hold a hook and yarn.

Link: <https://nightschool.ie/spring-2019-crochet>

Night: Tuesday

Times: 19:00 to 21:00

Duration: 8 Weeks

Starting: Tuesday, 29 January 2019

Cost: €110.00 (€15 off online), €77.00 for Social Welfare and Old Age Pension recipients, €66.00 for Mallow College day students.

## First Steps in Digital Photography



This course is suitable for individuals who wish to acquire skills and knowledge in digital compact cameras.

Link:

<https://nightschool.ie/spring-2019-digital-photography>

Night: Monday

Times: 19:00 to 21:00

Duration: 10 Weeks

**Starting:** Monday, 28 January 2019

**Cost:** €140.00 (€15 off online), €98.00 for Social Welfare and Old Age Pension recipients, €84.00 for Mallow College day students.

## Interior Design



This course will appeal to anyone who wants to reap the rewards of a beautiful home.

**Link:**

<https://nightschool.ie/spring-2019-interior-design>

**Night:** Monday

**Times:** 19:00 to 21:00

**Duration:** 8 Weeks

**Starting:** Monday, 28 January 2019

**Cost:** €110.00 (€15 off online), €77.00 for Social Welfare and Old Age Pension recipients, €66.00 for Mallow College day students.

## Jewellery Making for Beginners



This course is suited to those who would like to make jewellery as a hobby. The course will help with

learning and improving methods with beads and wire to create interesting and unique pieces of jewellery while looking at design and use of colour and texture.

**Link:** <https://nightschool.ie/spring-2019-jewellery>

**Night:** Wednesday

**Times:** 19:00 to 21:00

**Duration:** 8 Weeks

**Starting:** Wednesday, 13 February 2019

**Cost:** €95.00 (€15 off online), €66.50 for Social Welfare and Old Age Pension recipients, €57.00 for Mallow College day students.

Cost of materials not included in course fee.

## Painting for Beginners



This programme is suitable for individuals with no previous knowledge of art and who wish to develop their artistic skills through painting in a relaxed and supportive setting.

**Link:** <https://nightschool.ie/spring-2019-painting>

**Night:** Tuesday

**Times:** 19:00 to 21:00

**Duration:** 10 Weeks

**Starting:** Tuesday, 29 January 2019

**Cost:** €140.00 (€15 off online), €98.00 for Social Welfare and Old Age Pension recipients, €84.00 for Mallow College day students.



## Phone Photography



The best camera is the one that you have with you and that is usually your phone.

Link:

<https://nightschool.ie/spring-2019-phone-photography>

Night: Wednesday

Times: 19:00 to 21:00

Duration: 4 Weeks

Starting: Wednesday, 30 January 2019

Cost: €65.00 (€15 off online), €45.50 for Social Welfare and Old Age Pension recipients, €39.00 for Mallow College day students.

## The Organic Vegetable Garden for Beginners



This course is ideally suited to new gardeners who want to grow their own in 2019 and beyond. Learn all you need to know for a beautiful and successful organic vegetable garden.

Link:

<https://nightschool.ie/spring-2019-organic-vegetable-garden>

Night: Monday

Times: 19:00 to 21:00

Duration: 10 Weeks

Starting: Monday, 28 January 2019

Cost: €140.00 (€15 off online), €98.00 for Social Welfare and Old Age Pension recipients, €84.00 for Mallow College day students.

## Woodwork for Beginners



This course is ideal for a woodwork enthusiast who is looking to learn the basic skills. The course will entail making a specific project such as a table or chair which will be completed over the 10-week period.

Link: <https://nightschool.ie/spring-2019-woodwork>

Night: Wednesday

Times: 18:30 to 21:00

Duration: 10 Weeks

Starting: Wednesday, 30 January 2019

Cost: €200.00 (€15 off online), €140.00 for Social Welfare and Old Age Pension recipients, €120.00 for Mallow College day students.

Cost of materials included in course fee.



## Woodwork for Intermediates



This course caters for students who have completed a beginners course or those with some background in woodwork.

**Link:**

<https://nightschool.ie/spring-2019-woodwork-intermediate>

**Night:** Tuesday

**Times:** 18:30 to 21:00

**Duration:** 10 Weeks

**Starting:** Tuesday, 29 January 2019

**Cost:** €200.00 (€15 off online), €140.00 for Social Welfare and Old Age Pension recipients, €120.00 for Mallow College day students.

Cost of materials included in course fee.

# Healthcare

Monday

Tuesday

Wednesday



[Care of the Older Person QQI Level 5](#)

€225 Online, €168  
Welfare/OAP, €144 Day  
Student. Mon 28 Jan. 10  
Weeks.



[Infection Prevention and Control QQI Level 5](#)

€225 Online, €168  
Welfare/OAP, €144 Day  
Student. Tue 29 Jan. 10  
Weeks.



[Core Skills QQI Level 5](#)

€225 Online, €168  
Welfare/OAP, €144 Day  
Student. Wed 13 Feb. 12  
Weeks.



[Health Care Support SM4339 QQI Level 5 Award](#)



[Intellectual Disabilities QQI Level 5](#)

€225 Online, €168  
Welfare/OAP, €144 Day  
Student. Mon 28 Jan. 10  
Weeks.

## Health Care Support 5M4339 QQI Level 5 Award



Successful completion of this course provides a recognised qualification necessary for working as a health care assistant in a variety of settings, including hospitals, day and residential care and the home. The course equips the carer with the knowledge and skills necessary to work in this rewarding role as a member of the care team. It is suitable for those wishing to embark on a career in caring and those already working in the sector who wish to gain a recognised qualification. It is made up of 8 components and each carries a value of 15 credits, giving a total of 120 credits for the full award. Three components will be offered each term, 8 components must be completed to achieve a full award. In order to achieve this award, it is essential to undertake 150 hours of work experience. Prior to beginning work experience all learners must have completed the care skills module of this award, undertaken a course in patient handling/client moving and have been successfully Garda vetted through Mallow College.

Link:

<https://nightschool.ie/spring-2019-health-care-support>

Night: Monday

Duration: 2 Years, part-time

Starting: Monday, 28 January 2019

Cost: Contact us for more information.

## Care of the Older Person QQI Level 5



The purpose of this award is to equip the learner with the knowledge, skill and competence to meet the full range of needs of older people in a variety of care settings.

Link:

<https://nightschool.ie/spring-2019-care-of-the-older-person>

Night: Monday

Times: 18:30 to 21:30

Duration: 10 Weeks

Starting: Monday, 28 January 2019

Cost: €240.00 (€15 off online), €168.00 for Social Welfare and Old Age Pension recipients, €144.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Care Skills QQI Level 5





This programme module aims to equip the learner with the skills, knowledge and competence to care for clients in a safe and hygienic environment.

Link: <https://nightschool.ie/spring-2019-core-skills>

Night: Wednesday

Times: 18:30 to 21:30

Duration: 12 Weeks

Starting: Wednesday, 13 February 2019

Cost: €240.00 (€15 off online), €168.00 for Social Welfare and Old Age Pension recipients, €144.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Infection Prevention and Control QQI Level 5



The purpose of this award is to equip the learner with the knowledge, skill and competence to prevent and control infection within the health services area.

Link:

<https://nightschool.ie/spring-2019-infection-prevention>

Night: Tuesday

Times: 18:30 to 21:30

Duration: 10 Weeks

Starting: Tuesday, 29 January 2019

Cost: €240.00 (€15 off online), €168.00 for Social Welfare and Old Age Pension recipients, €144.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Intellectual Disabilities QQI Level 5



This programme module aims to equip the learner with the knowledge, skills and competence in the causes, range and effects of intellectual disabilities and develop awareness of social models of support and role of various professionals in responding to the needs of persons of intellectual disability.

Link:

<https://nightschool.ie/spring-2019-intellectual-disabilities>

Night: Monday

Times: 18:30 to 21:30

Duration: 10 Weeks

Starting: Monday, 28 January 2019

Cost: €240.00 (€15 off online), €168.00 for Social Welfare and Old Age Pension recipients, €144.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

# Languages

Monday



## Essential Spanish For Travelling – Step 2

€75 Online, €63  
Welfare/OAP, €54 Day  
Student. Mon 28 Jan. 8  
Weeks.

Tuesday



## Conversational Irish

€125 Online, €98  
Welfare/OAP, €84 Day  
Student. Tue 29 Jan. 10  
Weeks.

Wednesday



## General English as a Foreign Language

(Level A2-B1)  
€125 Online, €98  
Welfare/OAP, €84 Day  
Student. Wed 30 Jan. 10  
Weeks.



## Sign Language for Beginners

€105 Online, €84  
Welfare/OAP, €72 Day  
Student. Mon 11 Feb. 10  
Weeks.



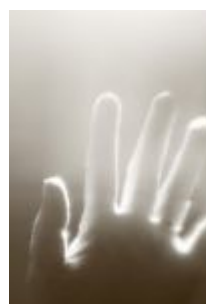
## English as a Foreign Language (Level B2)

€125 Online, €98  
Welfare/OAP, €84 Day  
Student. Tue 29 Jan. 10  
Weeks.



## Essential Italian for Travelling – Step 1

€125 Online, €98  
Welfare/OAP, €84 Day  
Student. Tue 29 Jan. 8  
Weeks.



## Sign Language – The Next Step

€105 Online, €84  
Welfare/OAP, €72 Day  
Student. Tue 12 Feb. 10  
Weeks.

## Conversational Irish



This programme is suitable for individuals wishing to develop conversational skills to speak Gaeilge.

Link:

<https://nightschool.ie/spring-2019-conversational-irish>

Night: Tuesday

Times: 19:00 to 21:00

Duration: 10 Weeks

Starting: Tuesday, 29 January 2019

Cost: €140.00 (€15 off online), €98.00 for Social Welfare and Old Age Pension recipients, €84.00 for Mallow College day students.

## English as a Foreign Language (Level B2)



This course is suitable for students who wish to improve their skills in English grammar, vocabulary and pronunciation through practical exercises in speaking, listening, reading and writing.

Link:

<https://nightschool.ie/spring-2019-english-as-a-foreign-language>

Night: Tuesday

Times: 19:00 to 21:00

Duration: 10 Weeks

Starting: Tuesday, 29 January 2019

Cost: €140.00 (€15 off online), €98.00 for Social Welfare and Old Age Pension recipients, €84.00 for Mallow College day students.

## Essential Italian for Travelling - Step 1



This programme is suitable for individuals wishing to develop conversational skills in basic Italian.

Link:

<https://nightschool.ie/spring-2019-essential-italian>

Night: Tuesday

Times: 18:30 to 20:30

Duration: 8 Weeks

Starting: Tuesday, 29 January 2019

Cost: €140.00 (€15 off online), €98.00 for Social Welfare and Old Age Pension recipients, €84.00 for Mallow College day students.



## Essential Spanish For Travelling - Step 2



This course is a direct continuation of the step 1 beginner's course. It will build on the basic knowledge already acquired.

Link:

<https://nightschool.ie/spring-2019-essential-spanish-2>

Night: Monday

Times: 18:00 to 19:30

Duration: 8 Weeks

Starting: Monday, 28 January 2019

Cost: €90.00 (€15 off online), €63.00 for Social Welfare and Old Age Pension recipients, €54.00 for Mallow College day students.

## General English as a Foreign Language (Level A2-B1)



This course is for students who are new to English, or for those who would like to review their basic grammar.

Link:

<https://nightschool.ie/spring-2019-general-english-a-s-a-foreign-language>

Night: Wednesday

Times: 19:00 to 21:00

Duration: 10 Weeks

Starting: Wednesday, 30 January 2019

Cost: €140.00 (€15 off online), €98.00 for Social Welfare and Old Age Pension recipients, €84.00 for Mallow College day students.

## Sign Language - The Next Step



This programme is suitable for individuals who wish to further develop their skills in Irish Sign Language. Suitable for student who have completed the beginners class or who have some experience of sign language.

**Link:**

<https://nightschool.ie/spring-2019-sign-language-next-step>

**Night:** Tuesday

**Times:** 19:00 to 21:00

**Duration:** 10 Weeks

**Starting:** Tuesday, 12 February 2019

**Cost:** €120.00 (€15 off online), €84.00 for Social Welfare and Old Age Pension recipients, €72.00 for Mallow College day students.

## Sign Language for Beginners



This programme is suitable for individuals who wish to develop skills in Irish Sign Language for effective communication with deaf and hard of hearing relatives, employees and customers in a variety of situations.

**Link:**

<https://nightschool.ie/spring-2019-sign-language-beginners>

**Night:** Monday

**Times:** 19:00 to 21:00

**Duration:** 10 Weeks

**Starting:** Monday, 11 February 2019

**Cost:** €120.00 (€15 off online), €84.00 for Social Welfare and Old Age Pension recipients, €72.00 for Mallow College day students.

# Wellbeing

Monday



[Healing Angel Expert Workshop](#)  
€75 Online, €63  
Welfare/OAP, €54 Day  
Student. Mon 11 Feb. 6  
Weeks.

Tuesday



[Aromatherapy in Your Everyday Life](#)  
€75 Online, €63  
Welfare/OAP, €54 Day  
Student. Tue 12 Feb. 8  
Weeks.

Wednesday



[The Sedona Method](#)  
€60 Online, €53  
Welfare/OAP, €45 Day  
Student. Wed 30 Jan. 6  
Weeks.



[Mindful Living](#)  
€60 Online, €53  
Welfare/OAP, €45 Day  
Student. Mon 11 Feb. 6  
Weeks.



[Emotional Health and Well-being](#)  
€75 Online, €63  
Welfare/OAP, €54 Day  
Student. Tue 29 Jan. 6  
Weeks.



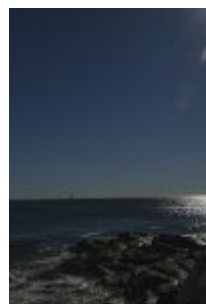
[Reflexology QQI Level 5](#)  
€225 Online, €168  
Welfare/OAP, €144 Day  
Student. Mon 11 Feb. 14  
Weeks.



[Nutrition QQI Level 5](#)  
€225 Online, €168  
Welfare/OAP, €144 Day  
Student. Tue 12 Feb. 12  
Weeks.



[Tai Chi for Beginners](#)  
€60 Online, €53  
Welfare/OAP, €45 Day  
Student. Mon 28 Jan. 10  
Weeks.



[Tai Chi - The Next Step](#)  
€60 Online, €53  
Welfare/OAP, €45 Day  
Student. Mon 28 Jan. 10  
Weeks.



## Aromatherapy in Your Everyday Life



This is an 8-week basic course where you will learn how to blend and mix for your skin type or condition. With the use of essential oils, we create a natural balance in the Body, Mind and Spirit. A detailed manual is provided and ingredients on the night to make some of your daily skin-care & house needs.

Link:

<https://nightschool.ie/spring-2019-aromatherapy>

Night: Tuesday

Times: 19:00 to 21:00

Duration: 8 Weeks

Starting: Tuesday, 12 February 2019

Cost: €90.00 (€15 off online), €63.00 for Social Welfare and Old Age Pension recipients, €54.00 for Mallow College day students.

Cost of materials are not included in course fee.

## Emotional Health and Well-being



This course will highlight the need for well-being, particularly emotional and cognitive health.

Link:

<https://nightschool.ie/spring-2019-emotional-health>

Night: Tuesday

Times: 18:30 to 20:30

Duration: 6 Weeks

Starting: Tuesday, 29 January 2019

Cost: €90.00 (€15 off online), €63.00 for Social Welfare and Old Age Pension recipients, €54.00 for Mallow College day students.

## Healing Angel Expert Workshop



Working with the angels means that you step back and allow the angels to work through you, in a pure divine way.

Link:

<https://nightschool.ie/spring-2019-healing-angel>

Night: Monday

**Times:** 19:00 to 21:00

**Duration:** 6 Weeks

**Starting:** Monday, 11 February 2019

**Cost:** €90.00 (€15 off online), €63.00 for Social Welfare and Old Age Pension recipients, €54.00 for Mallow College day students.

## Mindful Living



This programme will show learners how to use mindful living to reduce stress in their own lives, improve confidence and even make it easier to get out of bed in the morning!

**Link:**

<https://nightschool.ie/spring-2019-mindful-living>

**Night:** Monday

**Times:** 18:30 to 20:00

**Duration:** 6 Weeks

**Starting:** Monday, 11 February 2019

**Cost:** €75.00 (€15 off online), €52.50 for Social Welfare and Old Age Pension recipients, €45.00 for Mallow College day students.

## Nutrition QQI Level 5



This programme module aims to equip the learner with the knowledge, skill and competence to understand the nutritional composition of food and the effects of food and nutrition on an individual's health and personal well-being.

**Link:** <https://nightschool.ie/spring-2019-nutrition>

**Night:** Tuesday

**Times:** 18:30 to 21:30

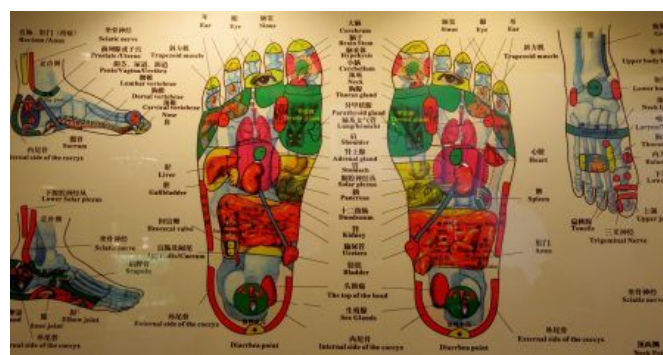
**Duration:** 12 Weeks

**Starting:** Tuesday, 12 February 2019

**Cost:** €240.00 (€15 off online), €168.00 for Social Welfare and Old Age Pension recipients, €144.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Reflexology QQI Level 5



The purpose of this award is to equip the learner with the knowledge, skill and competence to provide reflexology treatments for the purposes of relaxation and the relief of stress in order to encourage general health and wellbeing, under appropriate supervision.

**Link:** <https://nightschool.ie/spring-2019-reflexology>

**Night:** Monday

**Times:** 18:30 to 21:30

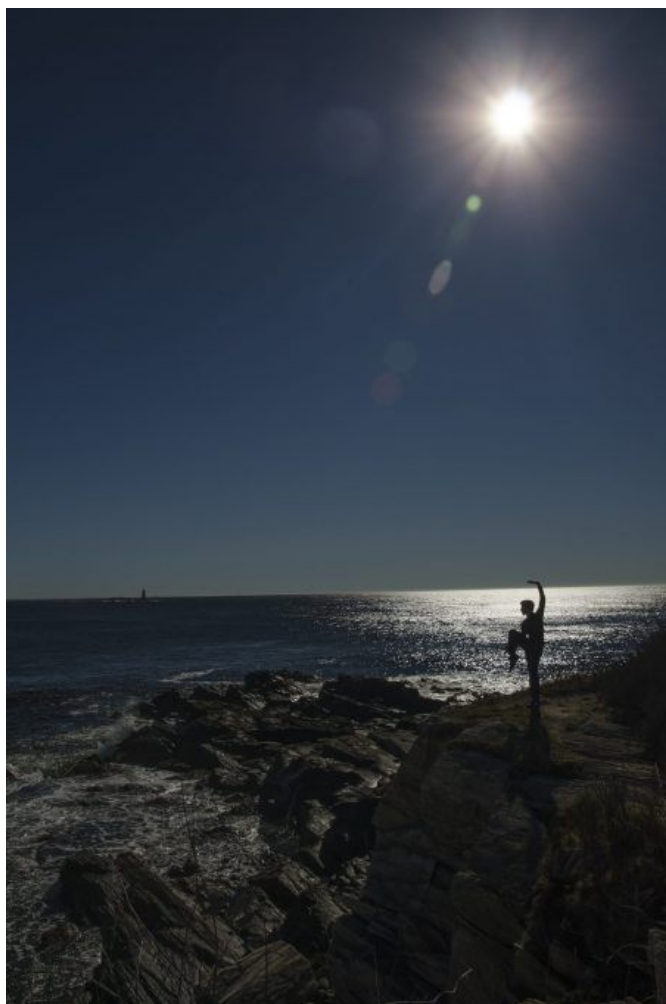
**Duration:** 14 Weeks

**Starting:** Monday, 11 February 2019

**Cost:** €240.00 (€15 off online), €168.00 for Social Welfare and Old Age Pension recipients, €144.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Tai Chi – The Next Step



This course is suitable for individuals who have completed the beginner's class or are familiar with Tai Chi.

Link: <https://nightschool.ie/spring-2019-tai-chi>

Night: Tuesday

Times: 20:15 to 21:15

Duration: 10 Weeks

Starting: Monday, 28 January 2019

Cost: €75.00 (€15 off online), €52.50 for Social Welfare and Old Age Pension recipients, €45.00 for Mallow College day students.

## Tai Chi for Beginners



This course is suitable for individuals who are new to Tai Chi wish to "Relax, Recharge and Rejuvenate".

Link:

<https://nightschool.ie/spring-2019-tai-chi-beginners>

Night: Monday

Times: 19:00 to 20:00

Duration: 10 Weeks

Starting: Monday, 28 January 2019

Cost: €75.00 (€15 off online), €52.50 for Social Welfare and Old Age Pension recipients, €45.00 for Mallow College day students.

## The Sedona Method



The Sedona Method is a unique, simple, powerful, easy-to-learn and duplicate technique that shows you how to uncover your natural ability to let go of any painful or unwanted feeling in the moment. What makes the Sedona Method a powerful tool (that really works!) is that it is a process you can use anytime, anyplace, to improve any area of your life.



Link: <https://nightschool.ie/spring-2019-sedona>

Night: Wednesday

Times: 19:30 to 21:00

Duration: 6 Weeks

Starting: Wednesday, 30 January 2019

Cost: €75.00 (€15 off online), €52.50 for Social Welfare and Old Age Pension recipients, €45.00 for Mallow College day students.

# Charleville

NightSchool.ie @ the [Charleville FET Centre](#)  
(formerly Mannix College)

## Computerised Payroll QQI Level 5 with PAYE Modernisation



This programme is suitable for individuals who wish to acquire the knowledge and skills necessary to maintain payroll records manually and on computer in a small to medium sized organisation.

Link:

<https://nightschool.ie/spring-2019-charleville-payroll>

Night: Thursday

Times: 18:30 to 21:30

Duration: 10 Weeks

Starting: Thursday, 28 February 2019

Cost: €220.00 (€15 off online), with online discount, €154.00 for Social Welfare and Old Age Pension recipients, €132.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Nutrition QQI Level 5



This programme module aims to equip the learner with the knowledge, skill and competence to understand the nutritional composition of food and the effects of food and nutrition on an individual's health and personal well-being.

Link:

<https://nightschool.ie/spring-2019-charleville-nutrition>

Night: Thursday

Times: 18:30 to 21:30

Duration: 10 Weeks

Starting: Thursday, 28 February 2019

Cost: €220.00 (€15 off online), with online discount, €154.00 for Social Welfare and Old Age Pension recipients, €132.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Palliative Care Support QQI Level 5



The purpose of this award is to equip the learner with the knowledge, skills and competence to enable them to care for and address the needs of a person and their family after the diagnosis of a life-limiting illness, in a dignified, inclusive and holistic manner.

Link:

<https://nightschool.ie/spring-2019-charleville-palliative-core-support>

Night: Thursday

Times: 18:30 to 21:30

Duration: 10 Weeks

Starting: Thursday, 28 February 2019

Cost: €220.00 (€15 off online), with online discount, €154.00 for Social Welfare and Old Age Pension recipients, €132.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Reception Skills and Frontline Office Skills QQI Level 5



The aim of this award is to equip the learner with the knowledge, skill and competence required to carry out reception related tasks and operations as a front line representative in a range of organisations.

Link:

<https://nightschool.ie/spring-2019-charleville-reception>

Night: Tuesday

Times: 18:30 to 21:30

Duration: 10 Weeks

Starting: Tuesday, 26 February 2019

Cost: €220.00 (€15 off online), with online discount, €154.00 for Social Welfare and Old Age Pension recipients, €132.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.



## School Age Childcare QQI Level 5



The purpose of this award is to equip the learner with the knowledge, skill and competence to implement and evaluate school age child care programmes.

**Link:**

<https://nightschool.ie/spring-2019-charleville-school-age-childcare>

**Night:** Tuesday

**Times:** 18:30 to 21:30

**Duration:** 10 Weeks

**Starting:** Tuesday, 26 February 2019

**Cost:** €220.00 (€15 off online), with online discount, €154.00 for Social Welfare and Old Age Pension recipients, €132.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Special Needs Assisting QQI Level 5



The purpose of this course is to equip the learner with the knowledge, skill and competence in the practices and principles underpinning the role of a Special Needs Assistant to enable the learner to work effectively under direction in a special needs capacity.

**Link:**

<https://nightschool.ie/spring-2019-charleville-special-needs-assisting>

**Night:** Thursday

**Times:** 18:30 to 21:30

**Duration:** 10 Weeks

**Starting:** Thursday, 28 February 2019

**Cost:** €220.00 (€15 off online), with online discount, €154.00 for Social Welfare and Old Age Pension recipients, €132.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Start Your Own Business QQI Level 5



The purpose of this award is to equip the learner with the knowledge, skill and competence to compile a business plan to enable the learner to start their own business.

Link:

<https://nightschool.ie/spring-2019-charleville-start-your-own-business>

Night: Tuesday

Times: 18:30 to 21:30

Duration: 10 Weeks

Starting: Tuesday, 26 February 2019

Cost: €220.00 (€15 off online), with online discount, €154.00 for Social Welfare and Old Age Pension recipients, €132.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Supervisory Management QQI Level 6



The purpose of this award is to equip the learner with the relevant knowledge, skill and competence to work in a range of industry sectors independently in a supervisory capacity.

Link:

<https://nightschool.ie/spring-2019-charleville-supervisory-management>

Night: Tuesday

Times: 18:30 to 21:30

Duration: 10 Weeks

Starting: Tuesday, 26 February 2019

Cost: €250.00 (€15 off online), with online discount, €175.00 for Social Welfare and Old Age Pension recipients, €150.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Team Leadership QQI Level 6



The purpose of this award is to equip the learner with the relevant knowledge, skill and competence to work as an effective leader and member of a team, independently and or in a supervisory capacity.

Link:

<https://nightschool.ie/spring-2019-charleville-team-leadership>

Night: Thursday

Times: 18:30 to 21:30

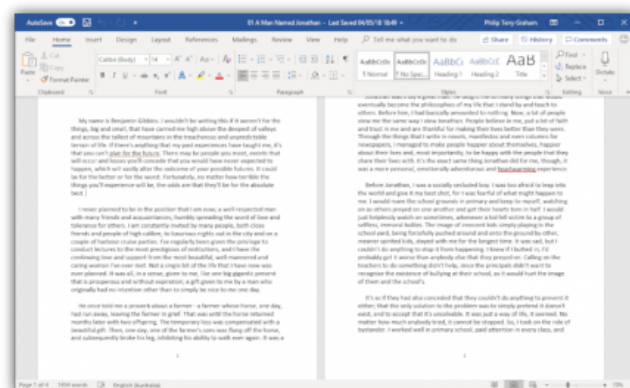
Duration: 10 Weeks

Starting: Thursday, 28 February 2019

Cost: €250.00 (€15 off online), with online discount, €175.00 for Social Welfare and Old Age Pension recipients, €150.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.

## Word Processing QQI Level 5



This programme module aims to equip the learner with the knowledge, skills and competence to use a word processing application to produce documents in a variety of contexts to a mailable and publishable standard whilst working autonomously and under general direction using Microsoft Word.

Now with free online access to Microsoft Office for [NightSchool.ie](https://nightschool.ie) students from [Office.com](https://nightschool.ie).

Link:

<https://nightschool.ie/spring-2019-charleville-word-processing>

Night: Tuesday

Times: 18:30 to 21:30

Duration: 10 Weeks

Starting: Tuesday, 26 February 2019

Cost: €220.00 (€15 off online), with online discount, €154.00 for Social Welfare and Old Age Pension recipients, €132.00 for Mallow College day students.

QQI Certification fee of €20 is included in course fee.



# Contact Us

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Address: Night School @ Mallow College, West End,  
Annabella, Mallow, Co. Cork, P51 P732

Phone: 022-43030 Fax: 022-22742

Email: [info@nightschool.ie](mailto:info@nightschool.ie)

Twitter: [twitter.com/NightSchool\\_ie](https://twitter.com/NightSchool_ie)

Facebook: [facebook.com/NightSchool.ie](https://facebook.com/NightSchool.ie)

Instagram: [instagram.com/MallowNightSchool](https://instagram.com/MallowNightSchool)

Charleville:

NightSchool.ie @ the [Charleville FET Centre](#)  
(formerly Mannix College)

